

**Program Registration**

Programs with a fee require payment at the time of registration. Cash, personal check, MasterCard and VISA are accepted. The Community Center Customer Service desk as well as the Mason Municipal Center Customer Service Desk handles all registration. \*Online registration is available on our website: [www.imagemason.org](http://www.imagemason.org). Please obtain your username and password from the customer service desk.

**Volume 2, Issue 4**

**July/August 2010**

**Live Well**

**Get Up, Get Active**

**THE BRIDGE HOLIDAY HOURS**

Monday, July 5—Closed for 4th of July  
 Tuesday, July 13—Closed for Special Election



**Session One: Get Up, Get Active Presentation on Thursday, July 22nd at Noon**

Personal training staff from the Mason Community Center will discuss why at least 30 minutes of moderate-intensity physical activity five or more days a week is all that you need to start reaping health benefits. Learn how to evaluate what you are currently doing and get some tips on how to keep your activities part of a healthy lifestyle. Registration is required for this July 22 presentation at Mason Municipal Center.

Day	Date	Time	Deadline	Fee	Activity
Th	7/22	Noon-1:00P		Free	366182-12



**Session Two: Free 30-minute Fitness consultation**

Schedule a free 30 minute consultation with a personal trainer. With the trainer, evaluate or formulate an activity plan for lifetime of fitness success. Free one-on-one appointments will be scheduled for the week of July 26 at the Mason Community Center.



**Session Three: Fitness Activity**

This session will help attendees set short-term goals to get focused. Try one of the following opportunities:

**Option One:**

**August 7:** Join Team Live Well for the Lady's Distance Classic 5k/10k Run-Walk. The 8th Annual Fleet Feet Sports Lady's Distance Classic is a women-only run and walk intended to celebrate women's health and fitness, and to encourage women to get and stay fit. Those who are interested should register to be part of the team.

**Option Two:**

**August 14:** Try the Mason Community Center Fitness Experience! The morning will be packed full of fitness fun. Attendees will sample a variety of programs throughout the morning and get a preview of what's to come in the fitness department when the Center's expansion opens this Fall.

Live Well In Mason	1 & 2
Enrichment	2
The Bridge	2, 3 & 4
Fitness/Wellness	4 & 5
Calendar	6 & 7
Ongoing Activities	8
Educational	8 & 9

**KEY**



**Mason Volunteer Program**



**New Activity**



**Live Well in Mason Series**



## Getting BACK To It

Mason Municipal Center, 2nd Floor Room 2025

Lifting properly to avoid back injury. Pam Baird of Bethesda Seniority will present information on proper lifting and techniques to avoid back injuries.

Day	Date	Time	Deadline	Fee	Activity
Th	8/12	2:00-3:00P	8/5	Free	341506-01

## Safari Dinner

Let's go on a SAFARI -- to dinner that is. One Wednesday evening a month we will meet at a local restaurant and have dinner as a group. Everyone will order and pay for their own dinner. There is no fee but registration is required so we know how many will attend and we can keep the restaurant informed. All reservations will be under the name of the BRIDGE.

Day	Date	Time	Deadline	Fee	Activity
W	7/14	6:00-8:00P	7/7	Free	344400-02
Sultan's Mediterranean Cuisine, 7305 Tyler's Corner Dr., West Chester (off Tylersville Rd.)					
W	8/11	6:00-8:00P	8/4	Free	344400-03
Pitrelli's Italian Restaurant, Mason					

## Mason Divas

Ladies of exceptional age gather together on a monthly basis to dine, shop, and enjoy each other's company. Please meet the Mason Divas at the restaurant. Participants pay for their own meals. Location shown below.

Day	Date	Time	Deadline	Activity
Tu	7/13	Noon-2:00P	7/6	346200-02
<i>DerDutchman</i> , Route 42, Waynesville				
Tu	8/10	Noon-2:00P	8/3	346200-03
<i>Olive Garden</i> , Fields Ertel Rd., Deerfield Township				

## Epilogue Book Clubs

Mason Municipal Center, 2nd Floor Room 2025

If you enjoy reading, why not join a book club? Book clubs provide a wonderful opportunity to read interesting books and discuss them with friends. Books for the following month will be available at the meeting. If you are unable to attend, please call the Mason Public Library (398-2711) and speak to Lori, Dorothy, or Carol and the book will be held for you. Book selection is subject to availability and may change. Please call the library to verify the book selection for that month. This program is a cooperative effort by the Mason Library and the Bridge.

Day	Date	Time
W	7/14	2:00-3:00P
<i>"Friday Night Knitting Club"</i> by Kate Jacobs		
W	8/11	2:00-3:00P
<i>"Lace Reader"</i> by Brunonia Barry		



## Medicare Presentation

Mason Municipal Center, 2nd Floor Room 2029

What is Medicare? What are the holes? Are HMOs or other alternatives the way to go? What about supplemental or gap-filler insurance? What if I keep working? Learn the answers to these questions with this introduction to Medicare.

Day	Date	Time	Deadline	Fee	Activity
Th	7/8	6:00-7:30P	7/8	Free	321500-03

## THE BRIDGE



## Proton Beam Therapy

Mason Municipal Center, 2nd Floor Room 2029

What is Proton Beam Therapy? Parks & Recreation Director Michael Hecker who was recently treated with Proton Beam Therapy for prostate cancer will present his experience and the clinical applications of proton. This includes prostate cancer, brain tumors, pediatric tumors and other treatments.

Day	Date	Time	Deadline	Fee	Activity
Th	8/5	1:30-2:30P	7/29	Free	341507-01



## The BRIDGE Tax Diversification

Mason Municipal Center 2nd Floor Room 2025

Tax diversification can be a critical component of a strong retirement plan. Learn how you can increase your level of protection, build a larger estate and create a tax-free source of supplemental income at retirement.

Day	Date	Time	Deadline	Fee	Activity
Th	7/15	1:30-2:30P	7/8	Free	341612-01



## Nutrition Triple Play

Mason Municipal Center

If you've always thought about incorporating better nutrition into your life, this trio of FREE events will get you off to a good start. Attendance at Basics of Nutrition is required prior to sign up for Nutrition Consultation and Grocery Store Walk Through.

Day	Date	Time	Deadline	Fee (MR/CR/NR)	Activity
Th	9/23	2:00-3:00P	9/16	Free	441505-01

**Basics of Nutrition.** Learn from a professional dietitian and nutritionist which foods provide the best nutritional value.

Th	9/30	Varies	9/23	Free	441505-02
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**Dietitian Consultation.** Benefit from half-hour private consultation with a dietitian. Feel free to bring a label from your favorite food or keep a food journal for a week prior and bring for discussion. Reservation required. Call Sandy at 229-8555, ext. 5543, for a time.

Th	10/7	2:00-3:00P	9/30	Free	441505-03
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**Shopping Tour.** Be part of a group tour and receive a hands-on lesson in comparative shopping and label reading. Reservation required. Call Sandy at 229-8555, ext. 5543, for a time.

## Movies

During construction at the Mason Community Center, Chesterwood Village and Barrington of West Chester have graciously offered to show our monthly movies. Reservations required. Please remember to cancel if you are unable to make it. You may register at the BRIDGE, Front Desk in the Community Center or online.

Day	Date	Time	Deadline	Fee	Activity
F	7/16	2:00-4:00P	7/9	Free	941100-07
<b>Chesterwood Village</b> —"Good As It Gets" with Jack Nicholson and Helen Hunt.					
F	8/20	2:30-4:30P		Free	941100-08
<b>Barrington of West Chester</b> —To Be Announced.					

## Pot Luck Luncheon

*Mason Municipal Center, 1st Floor Room 1029*

These popular lunches are continuing through the Spring months. Main entrees are provided by our generous sponsors (Cedar Village, Chesterwood, Barrington of West Chester, Mason Christian Village, and Mason Health Care). Each person attending must bring a side dish (enough food to serve at least eight people).

Day	Time
Every Th	Noon-1:00P

## Poker

*Mason Christian Village*

Join other players for a friendly evening of poker. If you have any questions, please call Bernie Westendorf at 336-7755. During construction we will meet at Mason Christian Village.

Day	Time
Every W	6:30-8:45P

## Bridge

*Mason Municipal Center First Floor Room 1029*

Come play Bridge in the BRIDGE at 1 p.m. every Wednesday and Monday at Noon. Experienced players are invited to join. If you are new to the game or just returning, please join our Beginning Bridge Group every Tuesday at 1 p.m.

Day	Time
Every M	12:00-4:00P
Every W	1:00-3:00P

## Friendly Duplicate Bridge

*Mason Municipal Center 1<sup>st</sup> Floor Room 1029*

If you enjoy playing Duplicate Bridge, then you'll want to come and play with this friendly group. Meet us on the 1st, 3rd, and 5th Tuesday of each month.

Day	Date	Time
Tu	7/6, 7/20, 8/3, 8/17, 8/31	Noon-4:00P

## Bridge Beginner

*Mason Municipal Center, 1st Floor Room 1029*

Always wanted to learn Bridge? Now's your chance. Rick McClung will lead this group and teach you the fine points of bridge.

Day	Time
Tu	1:00-3:00P

## Euchre

*Mason Municipal Center 1<sup>st</sup> Floor Room 1029*

This is a fun, quick and easy card game to learn. Come and see what Euchre is all about.

Day	Time
Every Tu	7:00-9:00P
Every Th	1:00-3:00P

## Chess

*Mason Municipal Center 1<sup>st</sup> Floor Room 1029*

Enjoy keeping your brain sharp? Then Chess is for you.

This board game is played between two players. Each player starts with sixteen pieces and attempts to "checkmate" the opponents King (when the King can't move). All levels of players are welcome.

Day	Time
Every F	1:00-3:00P

## Canasta Saturdays

*Mason Christian Village*

Looking for a Saturday activity? You'll want to join this group of friendly people for an exciting game of Hand & Foot Canasta. Bring a covered dish and enjoy a potluck dinner mixed in with a lot of fun!

Day	Time
Every Sa	4:00-8:00P

## Daily Cards

*Community Room 1029*

Love to play Hand & Foot Canasta? Why not join us for this friendly and fun game.

Day	Time
M,Tu,Th,F	2:00-5:00P

## Mah Jongg

*Community Room 1029*

Do you enjoy playing games? Then join us and play with our Mah Jongg group. This popular tile game originated in China many centuries ago. We are playing the American version. If you have never played this exciting game, now is the time to learn. You will need to purchase a card for \$7.50 but if you are new, come and try it first.

Day	Time
M	1:00-4:00P
F	1:00-4:00P

## One Plus Breakfast Club

Enjoy a pleasant Saturday morning breakfast with friends on the first and third Saturdays of the month. Take the opportunity to make new friends and new connections in your life. Created to serve the widow and widowers group, we have expanded the concept to include anyone who would like to have company for breakfast on Saturday mornings. For more information and location of the restaurant, contact Meredith Jansen at 229-7446.

Day	Time
7/3, 7/17, 7/31, 8/7, 8/21	9:30-11:00A

## Fitness/Wellness

### Chair Volleyball

*Mason Community Center Gymnasium A*

Chair volleyball is for older adults of all activity levels, including wheel-chair bound. It is played with a beach ball and players must remain seated while playing. It promotes camaraderie, reduces stress, improves cardiovascular fitness, and increases upper body flexibility. Open to all members.

Day	Time
M,Tu,Th,F	1:00-2:00P

### Friendly Tai Chi

*Mason Municipal Center, 2<sup>nd</sup> Floor Mezzanine*

Tai-Chi is a non-competitive, self-paced system of gentle physical exercise. You perform a defined series of postures or movements in a slow graceful manner. Each movement or posture flows into the next without pausing.

Day	Time
Every Th	9:30-10:30A
This is designed for beginners.	
Every Th	10:00-11:00A
Every Tu	5:30-6:30P
This class is designed for beginners.	

## Line Dancing

*Mason Community Center, 1st Floor Group Exercise Room*

Kick up your heels and toes and learn how to boot-scoot-boogey with the best of them in this informative and fun class. All are welcome and you don't need a partner to dance. Please note that black-soled shoes and heels are not permitted in this room.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Tu	8/24-9/28	11:30A-12:30P	8/17	\$17 /\$20 /\$30	341300-01

## Blood Pressure Checks

*Mason Community Center Lobby*

The only way to find out if you have high blood pressure is to have your blood pressure checked. Local professional organizations, including Mason Health Care, Homewell Senior Care, Family Bridges Home Care, Barrington of West Chester, TriHealth Navigator for Senior Services, Cedar Village, Home Instead, Hillandale Family of Communities, and Senior Independence offer their services at the Mason Community Center every week.

Day	Time
Every M, W	9:00-10:00A

## Parkinson's Exercise & Parkinson's Support Group

*Mason Christian Village*

Chair exercises and chair volleyball are held every week. A qualified therapist leads them. The third Thursday of each month we bring a covered dish and share trials and successes of dealing with Parkinson's followed by a speaker who specializes in working with Parkinson's patients. Dinner begins at 6 p.m. followed by the speaker. Sponsored by Parkinson's Foundation/SW Region and Parkinson's Disease Support Network OKI. Contact Ila Henning at 513-336-8330 or 513-701-3435 for further information.

Day	Time
Every Th	5:00-6:00P



**Glucose Screenings**  
*Mason Community Center Lobby*

Monitoring your blood sugar level (also called glucose level) can help you take better care of your diabetes. Checking your blood sugar will help you learn how food, activity levels, stress, medicine, and insulin affect it. Sponsored by Tri-Health. For more accurate results, please fast beginning at midnight the night before the screening.

Day	Date	Time
W	7/28, 8/25	9:00-10:00A

**Red, Rythmn & Boom**  
**Saturday, July 3**

**2:30—10:30 p.m.**

**Corwin M. Nixon Park**

**Sponsored by the**  
**City of Mason**



**Travel**

**DAY TRIP**

***August 3, 2010—***  
***Ohio State Fair***

Depart at 8:30 a.m. and return at 9:30 p.m. There is so much to see, do and eat at the Ohio State Fair. This year’s guest entertainment is the Harry James Orchestra. Cost is \$50 per person and includes motor coach transportation, entry ticket to State Fair and Celeste Center entertainment, and all taxes/tips/gratuities.

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**OVERNIGHT TRIPS**

***September 13 & 14, 2010—Monday and***  
***Tuesday***

Bridges and Baking. This two day, one night tour takes us to Indiana with a highlight tour of one of the oldest brands in America – Clabber Girl Baking Powder! Our first night will find us dining on a wonderful old covered bridge. A tour of a magnificent Italian Renaissance-style church, St. Mary-in-the-Woods, and much more will be enjoyed.

Price per person is \$275 (double occupancy). Price includes 1 night deluxe accommodations at Walden Inn, candlelight covered-bridge dinner, breakfast buffet, Greencastle lunch, Clabber Girl cooking demo lunch, all tours/admissions/museums, deluxe motor coach transportation, taxes/tips/gratuities.

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***October 12, 13 and 14, 2010—Tuesday, Wednesday and Thursday.***

***“Fall Along the Ohio River”***


This Fall tour has something for everyone: an open range animal safari, accommodations in an 1800’s hotel on the banks of the Ohio River, dinner at one of Ohio Magazine’s top ten restaurants and excursions on two sternwheelers near Marietta, Ohio and Parkersburg, West Virginia. Learn how the famous Fenton glass is made and experience the splendor and historic intrigue of Blennerhasset Island. Limited to 40 guests.

Price per person is \$435 (double occupancy). Includes 2-night accommodations, two breakfast buffets, three lunches, two dinners, two sternwheeler boat rides, wagon ride, tours/admissions/shows, deluxe motor coach, transportation plus all taxes/tips/gratuities.

For further information and to join a tour, contact Paul Presta at the Bridge—299-8555, ext. 5541.



**\*\* Bold type: denotes required registration for activity**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10 am Digital Photo 4 Noon—Pot Luck Grillout		9:30 am One Plus Breakfast  2:30pm Red, Rythmn & Boom
4	5	6	7	8	9	10
4th of July	BRIDGE Closed for the 4th of July! 	6:30 pm Microsoft Excel Basics Begins	10 am Spyware & Anti-Viruses	Noon—Pot Luck Grillout  6:00pm Medicare Talk		
11	12	13	14	15	16	17
		Noon—Mason Divas — <i>DerDutchman, Waynesville</i>  <b>Bridge Closed for Special Election</b>	2 pm—Epilogue Book Club  6 pm Safari Dinner “Sultan’s Mediterranean Cuisine”	Noon—Pot Luck Grillout  1:30 pm The BRIDGE Tax Diversification		9:30 am One Plus Breakfast
18	19	20	21	22	23	24
				Noon—Pot Luck Grillout  Noon “Get Up—Get Active”		
25	26	27	28	29	30	31
			9 am Glucose Screening	Noon—Pot Luck Grillout		9:30 am One Plus Breakfast

**\*\* Bold type: denotes required registration for activity**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
		10 am Computer Basics Begins  6:30 pm Advanced Word Begins  Ohio State Fair Trip		10 am Digital Photo 1  Noon—Pot Luck Grillout  1:30 pm Proton Beam Therapy		9:30 am One Plus Breakfast  Lady's Distance Classic 5k/10k Run/Walk
8	9	10	11	12	13	14
		Noon—Mason Divas— <i>Olive Garden, Fields Ertel Road</i>	2 pm—Epilogue Book Club  6 pm—Safari Dinner—Pitrelli's ?	10 am Digital Photo 2  Noon—Pot Luck Grillout  2 pm Getting BACK To It		MCC Fitness Experience
15	16	17	18	19	20	21
				10 am Digital Photo 3  Noon—Pot Luck Grillout	2:30 pm Movie at Barrington of West Chester— <i>TBA</i>	9:30 am One Plus Breakfast
22	23	24	25	26	27	28
		10 am Working with Files  11:30 am Line Dancing Begins	9 am Glucose Screening  10 am eBay Selling	10 am Digital Photo 4  Noon—Pot Luck Grillout		
29	30	31				
		10 am Working with Word				

## Computer Basics

Learn how to define key computer-related terms, navigate using the mouse, and turn the computer on and off properly. You will also learn the concept of Windows, having multiple windows open on your desktop at once, and working with files, folders, and Windows Explorer.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Tu	8/3-8/31	10:00A-Noon	7/27	\$68 /\$80 /\$105	341400-01*

\*No Class 08/17

## COMPUTER CLASSES

**\*\*Mason Municipal Center - EOC  
(meet in Atrium by the elevators)**

## IN-HOME COMPUTER SERVICE AND TRAINING

**DAVE NEEDHAM 513-368-4280**

### Activities below meet in the Mason Community Center (unless otherwise noted)

#### Monday

8 - 9:30 a.m. Walk the Track  
9 a.m. Blood Pressure Screening  
10 a.m. Forever Fit  
11 a.m. Open Swim  
1 p.m. Chair Volleyball  
1 - 2:30 p.m. Walk the Track

#### Tuesday

8 - 9:30 a.m. Walk the Track  
11 a.m. Open Swim  
1 p.m. Chair Volleyball  
1 p.m. Beginner Bridge  
1 - 2:30 p.m. Walk the Track  
5:30 - 6:30 p.m. Beginner Tai Chi  
(Lobby of Mason Municipal Center)

#### Wednesday

8 - 9:30 a.m. Walk the Track  
9 a.m. Blood Pressure Screening  
10 a.m. Forever Fit  
11 a.m. Open Swim  
1 - 2:30 p.m. Walk the Track

#### Thursday

8 - 9:30 a.m. Walk the Track  
9:30 - 11 a.m. Beginner Tai Chi \*\* → \*\* (2nd Floor Mason Municipal Center)  
10:00 a.m. Friendly Tai Chi \*\* → \*\* (2nd Floor Mason Municipal Center)  
11 a.m. Open Swim  
1 - 2:30 p.m. Walk the Track  
1 p.m. Chair Volleyball  
5 p.m. Parkinson's Exercise  
(Mason Christian Village)

#### Friday

8 - 9:30 a.m. Walk the Track  
10 - 11 a.m. Forever Fit Yoga  
(2nd Floor MMC—2029)  
11 a.m. Open Swim  
1 p.m. Chair Volleyball  
1 - 2:30 p.m. Walk the Track

### BRIDGE Hours in Mason Municipal Center: Begin at Noon

<b>Mondays</b>	12:30 p.m. 1:00 p.m. 2 p.m.	Bridge Mah Jongg Canasta & Other Cards			
<b>Tuesdays</b>	12:30 p.m.  2 p.m. 7:00 p.m.	Duplicate Bridge (Wks 1,3,5) Canasta & Other Cards Euchre	Joe Macke Pat Ludovici  Jan & Larry Mitchell	513-779-8437 513-276-4683  513-398-3217	  
<b>Wednesdays</b>	1:00 p.m. 6:30 p.m.	Bridge Poker (Mason Christian Village)	Edythe Lord Bernie Westendorf	513-754-1624 513-336-7755	 
<b>Thursdays</b>	1 p.m. 2 p.m.	Daytime Euchre Canasta & Other Cards	Dave VanAs		
<b>Fridays</b>	Noon 2 p.m.	Chess Canasta & Other Cards	Ed Dougherty	513-561-0377	
<b>Saturdays</b>	4:00 p.m.	Hand and Foot Canasta (Mason Christian Village)	Pat Wilson	513-234-0982	

Ongoing Fitness

Ongoing Activities

## Working with Files

Learn the ins and outs of computer files. At the end of this class, you will understand the purpose of Windows Explorer, understand the relationship between folders and files, and know how to work with them.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Tu	8/24	10:00A-Noon	8/17	\$17 /\$20 /\$30	341405-01

## Working with Word

Learn how to use Microsoft Word and its many functions, including the automatic spell checker, thesaurus, and the grammar correction tool. Word has many features and benefits that you'll enjoy using by the end of this class.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Tu	8/31	10:00A-Noon	8/24	\$17 /\$20 /\$30	341410-01

## Spyware and Anti-Viruses

Learn simple tips and tricks that will help keep your computer from being exposed to the dangers of the Internet, including how to deal with pop-ups, avoiding viruses, and protecting your personal information.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
W	7/7	10:00A-Noon	6/30	\$17 /\$20 /\$30	341411-01

## Microsoft Excel Basics

Create and edit spreadsheets and workbooks as you learn to use and understand formulas, functions, and labels. This class requires a good understanding of Microsoft Explorer and Windows, menus and tool bars, and basic concepts such as file/save, copy/paste, when to left or right click, and how to highlight text.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Tu	7/6-7/27	6:30-8:30P	6/29	\$68 /\$80 /\$105	341413-01

## Advanced Word

Learn how to incorporate tools like word art, tables, objects, columns, margins, page setup, and mail merge while creating text documents, letters, résumés, envelopes, banners, and calendars.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Tu	8/3-8/17	6:30-8:30P	7/27	\$51 /\$60 /\$85	341414-01



## Digital Photo 1

Learn the many features of a digital camera while defining those strange terms such as megapixels, jpeg, tiff, resolution, optical versus digital zoom, compression, dpi, and compact flash versus secure digital memory. At the end of the course, you will be able to choose a digital camera that fits your needs.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Th	8/5	10:00A-Noon	7/29	\$17 /\$20 /\$30	341418-02

## Digital Photo 2

This course will cover using the camera features and uploading, printing, and archiving images. How many images will your memory card store? What does fully automatic mean? How do you control the resolution and depth of field aperture setting? Learn the answers in this class.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Th	8/12	10:00A-Noon	8/5	\$17 /\$20 /\$30	341419-02

## Digital Photo 3

Learn to adjust the color and contrast, crop and resize the photo, save it in a variety of formats, and manage your database of images.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Th	8/19	10:00A-Noon	8/12	\$17 /\$20 /\$30	341420-02

## Digital Photo 4

This course will cover digital image manipulations. You will learn color adjustments, cropping, layering, retouching, distortion, blurs, and brush filters. Get the answers to all the questions you have about digital image processing.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
Th	7/1	10:00A-Noon	6/24	\$17 /\$20 /\$30	341421-01
Th	8/26	10:00A-Noon	8/19	\$17 /\$20 /\$30	341421-02

## eBay Selling

Learn how to use your home computer to sell items on eBay. Have fun selling everything quickly and easily. You must have an eBay account and know how to buy on eBay prior to this class.

Day	Date	Time	Deadline	Fee (VIP/CR/NR)	Activity
W	8/25	10:00A-Noon	8/18	\$17 /\$20 /\$30	341423-02

### Attn: Bridge Guests

All events occurring in the **BRIDGE** activity room are held for **BRIDGE** members and invited guests.

**BRIDGE** membership information is on the back page of the **MAP**.

For all **NON-BRIDGE** members who wish to participate in various card games and all other activities, there is a guest fee charge of *\$2.00 per day*. This fee may be paid at the front desk of the Community Center or to the **BRIDGE** Administrative Specialist, Sandy, at her desk. Fees should be paid on arrival prior to participation in activities.

For questions, please see Paul or Sandy in the BRIDGE.

### Your Membership Connects You to:

Enrichment, Recreation, Social Activities, Fitness, Health & Wellness, Travel and Volunteer Opportunities

Annual membership rates for the BRIDGE are:

\$18.75\* Mason Community Resident

\$30\* Non-resident

*\*this is a special construction rate that is in effect until the new building opens.*

### Membership Has its Privileges!

- Social opportunities
- Bimonthly newsletter conveniently mailed to your home
- Referral services to connect you to outside transportation, meals and personal care
- Group rate discounts on scheduled activities
- Three activity rooms, located within the Mason Community Center, available exclusively to BRIDGE members
- Opportunities to serve on Task Committees if you so choose
- Eligibility to participate in free BRIDGE programs
- Limited access to the Indoor Track, Gymnasium and Aquatic Center, located within the Mason Community Center

For more information, e-mail  
dmaidenberg@masonoh.org

Or Current Resident

The BRIDGE  
6050 Mason-Montgomery Road  
Mason, Ohio 45040  
Phone: 513-229-8555  
Fax: 513-229-8556  
www.imagnemason.org



Standard Mail  
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