

# POOL SCHEDULE: February 2 - 11, 2012

|   | SUNDAY                         | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY                                     |
|---|--------------------------------|--|--|--|--|---|--|
| <b>OPEN SWIM<br/>(SLIDE OPEN)</b>                     | PREMIER: 7A-8P<br>BASIC: 12-5P | PREMIER: 5:30-9:15A<br>12-4P<br>6:30-10P                   | BASIC: 6-9:15A<br>12-4P<br>6:30-9P                         |  |  | PREMIER: 5:30-11A<br>12-9P<br>BASIC: 6-11A<br>12-9P     | PREMIER: 7-8A<br>12:15-8P<br>BASIC: 12:15-7P |
| <b>ADULT SWIM</b>                                     | NOT AVAILABLE                  |  | 11A-12P  |  |  |   | NOT AVAILABLE                                |
| <b>PREMIER MEMBER<br/>LAP SWIM<br/>(# LANES OPEN)</b> | 7A-8P (3)                      | 5:30-9:15A (3)<br>12-4P (2)<br>4-7:35P (1)<br>7:35-10P (3) | 5:30-9:15A (3)<br>12-4P (2)<br>4-7:35P (1)<br>7:35-10P (3) | 5:30-9:15A (3)<br>12-4P (2)<br>4-7:35P (1)<br>7:35-10P (3) | 5:30-9:15A (3)<br>12-4P (2)<br>4-6:30P (1)<br>6:30-10P (3) | 5:30-11A (3)<br>12-4:30P (2)<br>4:30-6P (1)<br>6-9P (3) | 7-8A (3)<br>8A-12:15P (1)<br>12:15-8P (3)    |
| <b>BASIC MEMBER<br/>LAP SWIM<br/>(# LANES OPEN)</b>   | 12-6P (3)                      | 6-11A (3)<br>12-4P (2)<br>4-7:35P (1)<br>7:35-9P (3)       | 6-11A (3)<br>12-4P (2)<br>4-7:35P (1)<br>7:35-9P (3)       | 6-9:15A (3)<br>12-4P (2)<br>4-7:35P (1)<br>7:35-9P (3)     | 6-9:15A (3)<br>12-4P (2)<br>4-6:30P (1)<br>6:30-9P (3)     | 6-11A (3)<br>12-4:30P (2)<br>4:30-6P (1)<br>6-9P (3)    | 8A-12:15P (1)<br>12:15-7P (3)                |

## LEISURE POOL

\*Lap lane may be open until 7:40P depending on Aqua Zumba class attendance. See front desk for availability.  
SPA OPEN DURING OPEN SWIM AND LAP SWIM HOURS UNLESS CLOSED FOR MAINTENANCE

|                                | SUNDAY | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY                                      | SATURDAY |
|--------------------------------|--------|---|---|---|--|---|----------|
| <b>GROUP WATER<br/>FITNESS</b> |        | Cardio Water Fit<br>8:30-9:30A<br>Stretch & Splash<br>9:30-10:30A<br>Cardio Water Fit<br>6:35-7:35P | Deep H2O:<br>Cardio & Core**<br>9:30-10:30A<br>Aqua Zumba<br>6:35-7:35P | Cardio Water Fit<br>9:45-10:45A<br>Cardio Water Fit<br>6:35-7:35P | Stretch & Splash<br>9:30-10:30A<br>Intro to Deep H2O**<br>8-9P | Deep H2O:<br>Cardio & Core**<br>9:30-10:30A |          |

## FITNESS CLASSES

\*\*Class held in Competition Pool. All other classes held in Leisure Pool.

|   | SUNDAY                         | MONDAY | TUESDAY                         | WEDNESDAY     | THURSDAY | FRIDAY                         | SATURDAY                     |
|---|--------------------------------|--------|---------------------------------|---------------|----------|--------------------------------|------------------------------|
| <b>PREMIER MEMBER<br/>LAP SWIM<br/>(# LANES OPEN)</b> | 7A-8P (2)                      |        | 5:30-7:30A (2)<br>6:15P-10P (2) |               |          | 5:30-7:30A (2)<br>6:15P-9P (2) | 8-9A (1)<br>12-8P (2)        |
| <b>BASIC MEMBER<br/>LAP SWIM<br/>(# LANES OPEN)</b>   | 12-5P (2)                      |        | 6-7:30A (2)<br>6:15P-9P (2)     |               |          | 6-7:30A (2)<br>6:15P-9P (2)    | 8-9A (1)<br>12-7P (2)        |
| <b>DIVING BOARDS</b>                                  | PREMIER: 12-8P<br>BASIC: 12-5P |        |                                 | NOT AVAILABLE |          |                                | PREMIER: 1-8P<br>BASIC: 1-7P |

## COMPETITION POOL

Please note that lap lane availability may vary depending on swim team practices and meets. Please see digital signage for information on upcoming lap lane changes.