

**RESOLUTION 2023 – 5**

**PROCLAIMING FEBRUARY AS  
HEART HEALTH LITERACY MONTH IN MASON**

**WHEREAS**, this February marks the 60<sup>th</sup> anniversary of Heart Health Month in the US, a time to focus on new research outcomes and educate the community on cardiovascular health; and

**WHEREAS**, educating and highlighting heart health is important because statistics show that someone has a heart attack or stroke every 40 seconds and heart disease continues to be the leading cause of all deaths in the US since 1950s; and

**WHEREAS**, the City of Mason is proud to be named the 4<sup>th</sup> *Best Place to Live for Families in the United States* by Fortune Well which is a result of Mason’s continuous commitment to building a culture of wellness in the community that supports active lifestyles for all ages.

**WHEREAS**, the City of Mason will again lead a Heart Health Literacy Initiative throughout February in collaboration with the American Heart Association and corporate partners to raise awareness and highlight the innovations happening at Mason biohealth companies to residents, businesses and employees; and

**WHEREAS**, Heart Health Literacy Month highlights Mason’s commitment to cultivating a culture of wellness through educating the corporate and residential community to have a better understanding of what it means to be heart healthy.

**WHEREAS**, the City of Mason is growing a biohub of technology and med tech businesses that are developing ground-breaking cardiac solutions in Mason and are dramatically changing the standard of care for heart patients; and

**WHEREAS**, Mason-based companies AtriCure (innovating to treat and eradicate Afib and related conditions globally) and Genetesis (developing breakthrough technology to help detect irregular heart conditions) and Trihealth (Ohio’s only affiliate with Cleveland Clinic Heart, Vascular, and Thoracic Institute) are leading the way; and

**NOW, THEREFORE**, I, Barbara Spaeth, Mayor of Mason, Ohio, on behalf of the Mason City Council, do hereby proclaim February as Heart Health Literacy Month and thereby call upon the community to increase awareness, seek education, and grow understanding of cardiovascular disease in order to maintain heart health as part of the City’s mission of building a culture of wellness in the community.

Passed this 13<sup>th</sup> day of February, 2023.

Attest:

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Mayor

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Lisa Ahr, Clerk of Council