

**NEW!** Introductory Training Specials\* available for any member for a one-time purchase.

Three 30-Minute Introductory Sessions: \$66

Three 1-Hour Introductory Sessions: \$99

\*One introductory special per person per household. Available to members only.

\*\*Introductory Session not valid for discounts or specials

## FEES

### FITNESS ASSESSMENT\*\*

**Premier Members:** Free for up to four assessments a year

**Basic Members:** \$30; discounted for personal training participants

**City of Mason Residents:** \$38

**Non-Residents:** \$45

\*\*If you purchase Personal Training sessions, the assessment fee will be deducted from your Personal Training sessions purchase. Not Introductory Training Special.\*\*\*

### PERSONAL TRAINING PACKAGES\*\*\*

When you purchase a Personal Training package for multiple visits, your visits will be linked to your membership card. Bring your membership card to the fitness desk when you come for your personal training appointment. Your trainer will scan your card at the beginning of each session. Find out how many sessions remain on your pass by stopping at the Member Services desk. As your sessions are used, you can add more at Mason Community Center or by calling 513.229.8555.

	INDIVIDUAL			PARTNER (Train with a friend!)		
	Premier	Basic	Non-member	Premier	Basic	Non-member
30-Minute Sessions						
1 Session	\$35	\$42	\$63	\$26 each	\$31 each	\$47 each
6 Sessions	\$189	\$223	\$273	\$140 each	\$165 each	\$215 each
12 Sessions	\$370	\$436	\$486	\$275 each	\$324 each	\$374 each
60-Minute Sessions						
1 Session	\$55	\$65	\$98	\$41 each	\$49 each	\$74 each
6 Sessions	\$297	\$350	\$400	\$221 each	\$260 each	\$310 each
12 Sessions	\$580	\$683	\$733	\$433 each	\$510 each	\$560 each

	3 PARTICIPANTS			4 PARTICIPANTS		
	Premier	Basic	Non-member	Premier	Basic	Non-member
30-Minute Sessions						
1 Session	\$18 each	\$22 each	\$33 each	\$14 each	\$17 each	\$26 each
6 Sessions	\$97 each	\$115 each	\$165 each	\$76 each	\$90 each	\$135 each
12 Sessions	\$190 each	\$224 each	\$274 each	\$148 each	\$175 each	\$225 each
60-Minute Sessions						
1 Session	\$35 each	\$42 each	\$63 each	\$25 each	\$30 each	\$45 each
6 Sessions	\$189 each	\$223 each	\$273 each	\$135 each	\$159 each	\$209 each
12 Sessions	\$370 each	\$436 each	\$486 each	\$264 each	\$311 each	\$361 each

\*\*\*Participants are required to take a fitness assessment before their first personal training session. Assessments are free to premier members. Stop in or call the Mason Community Center at 513.229.8555 to get started.