# Center Point

# **NEWS AND ACTIVITIES FOR MASON AND DEERFIELD TOWNSHIP**

MASON

# Sharing a Vision

FUTURE HOME OF

COMMON GROUND

MASON'S FIELD OF DREAMS

> BioHealth Business Success

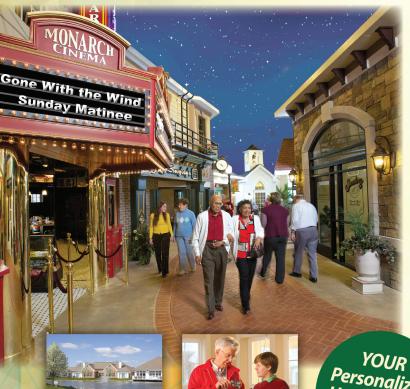
Continued Road Improvements DEERFIELD TOWNSHIP

Women's Health

Good Choice Tickets







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For four generations you have been able to look to Hillandale as an authority on healthcare and retirement. With Lifestyle Patio Homes, Apartments, Post-Acute Rehabilitation Assisted Living, Memory-Assisted Care, Long-Term Nursing Care, and our Main Street Village, Hillandale Communities offer a whole world of healthcare!

We are proud that our family-owned and operated services continue to grow with the needs of the community. The construction of a new post-acute rehabilitation healthcare center offers physical and occupational therapies and long-term nursing services, all in a private, luxury setting located on the campus at Chesterwood Village. We encourage you to stop by any time to see our progress!



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8073 Tylersville Road West Chester, Ohio 45069

🔍 Chesterwood

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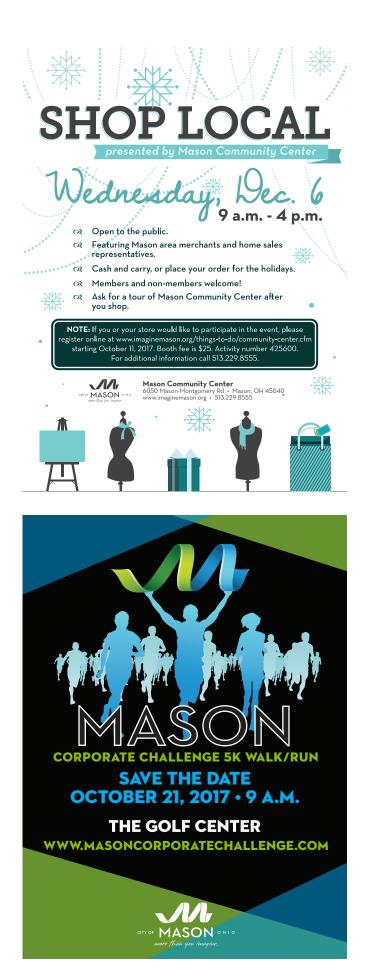
- Insect-borne illnesses such as Zika virus and West Nile are on the rise, causing major health concerns and reinforcing the need to prevent mosquito bites.
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the state

**Eric Hansen** City of Mason Manager

# **Making Good Choices**

n July 1 the Mason Police Department implemented a new program geared at recognizing good behavior in Mason's youth. The "Good Choices Youth Recognition" program involves police officers issuing "Good Choice Tickets" to children and teenagers when they observe the juvenile demonstrating good citizenship, safety, and health and well-being through their good choices. Some of the choices officers will look for include wearing a bicycle helmet, using the crosswalk, playing outdoors, and being well mannered. Eleven good choices are pre-printed on the citation and officers also have the opportunity to write in any random act of kindness or safety measure that they observe a child make. Issuing a child a Good Choice Ticket gives an officer the opportunity to meet one of the younger members of the community and also gives a child the opportunity to meet a police officer and engage in a positive, friendly, and rewarding interaction. An informational sheet is provided along with the ticket explaining the program to parents.

Each recipient of a Good Choice Ticket will have the opportunity to present their ticket at one of the five locations listed on the back of the ticket for a *free* reward. Reward redemption locations include: the Mason Police Department, the Mason Community Center, the Mason Golf Center, Culver's Restaurant, and Jansen's Sweet Sinsations Bakery.

More than 33 tickets were issued the first weekend the program was implemented. The Mason Police Department has a long-standing commitment to progressive, community-oriented policing. The Good Choices Youth Recognition program enhances the City's mission for improving safety and building the culture of wellness in the Mason community. It further demonstrates City of Mason's commitment to community relationships by encouraging a positive relationship between police officers and local youth.





Chris Romano Deerfield Township President



Dan Corey Deerfield Township Vice President



Wayne Speer Deerfield Township Trustee



**Tom Raga** Deerfield Township Fiscal Officer

### **2020 VISION** Deerfield Township will be debt free by 2020

magine a fast-growing town of 40,000 people with amazing schools, an expanding economy, diverse housing options, improving roads and infrastructure, high quality social and cultural amenities, and no debt. That's the goal Deerfield Township Trustees have been deliberately pursuing for the last decade. With the recent release of its Debt Free 2020 Plan, Deerfield affirmed its commitment to a financially responsible community that supports an active and fulfilling lifestyle.

"We've been aggressive about it, and our strong economy helped," said Chris Romano, President of the Board of Trustees, pointing out that since 2006, Deerfield has eliminated nearly \$23 million in long- and short-term debt. "We made some smart choices early on that supported our growth even during a challenging national economy. That allowed us the flexibility to meet the increasing demand for services while also paying down a significant amount of debt," said Romano.

Vice President of the Board, Dan Corey, agrees. "Along the way, Deerfield has become one of the most prestigious and vibrant communities in Southwest Ohio. Our residents enjoy safe neighborhoods, solid public services, and a dynamic quality of life." Corey added that the trustees' fiscally conservative approach has enabled the township to continue to provide excellent services without seeking additional revenue from taxpayers. "We consider the well-being of the next generation, as well as the future of the township, in every decision we make," said Corey. "Being debt free by 2020 will enable us to continue providing a the kind of community our residents will be proud to call home." "Responsible stewardship of our resources is our standard," added Trustee Wayne Speer. "We have an unflinching commitment to decisions that are fiscally responsible and improve the quality of life for residents and businesses." Speer said that eliminating the township's remaining debt obligations will strengthen and support local schools as they continue to grow. "Deerfield has a strong partnership with both the Kings Local and Mason City School Districts and we take great pride in the fact that our financial stability has a positive impact on our school community, and will ensure quality schools in our township for our students and families."

"We are proud to partner with Deerfield to ensure our children gain the skills they need for their future. Deerfield's commitment to financial excellence and investment in our district has direct benefits for our children and community," said Kings Local School District Superintendent Tim Ackermann.

Gail Kist-Kline, Superintendent of Mason City Schools underscored the strong partnership between the township and local schools noting, "We work hard to exceed the expectations of our students and families, adding programming that both challenges and supports our student body, while being fiscally responsible. So we completely appreciate the integrity and intentional focus required to service debt and be good stewards of public funds, and we appreciate the hard work the Deerfield Trustees have done to become debt free."

Want to learn more? You can read about Deerfield's plan to become debt free by visiting ChooseDeerfield.com.



6000 Mason-Montgomery Road • Mason, Ohio 45040 Office Hours: 8:00 a.m.–4:30 p.m., Monday–Friday 513.229.8500 • www.imaqinemason.org





Vice Mayor

Barbara Berry Spaeth

Mayor Victor Kidd



Ashley Chance Council Member







Charlene Pelfrey Council Member

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Administration 513.229.8510

**Community Center** 513.229.8555

> Emergency 911

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Finance 513.229.8530

Fire Department Administration 513.229.8540

Parks & Recreation 513.229.8555

Police Department Administration 513.229.8560

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Diana K. Nelson

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(nights, holidays & weekends, emergencies only) 513.925.2525

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Water Service and Emergencies - Greater Cincinnati Water Works 513.591.7700



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# Center Point

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# **RED RHYTHM&BOOM**



VOLUNTEERS VENDORS PARTICIPANTS STAFF



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### COVER STORY

# Common Ground Playground Gets Significant Boost from Mason and Deerfield Matching Funds

hen you first meet Rachel Kopfler, president of the Mason Parks Foundation and lead champion of the Common Ground Playground, it's easy to see how she has attracted a strong following of advocates and slowly, but steadily, championed fundraising of nearly half a million dollars

toward a new \$2 million inclusive park in Mason. Her demeanor is honest, straightforward, and compassionate.

Not only does she appreciate the value the Common Ground Playground will bring to the community, but she also has firsthand experience in its need, as one of her triplets, born with a spinal cord defect, picked up skills more rapidly than others with his condition thanks largely to the interaction with his typically developing siblings, who continuously pushed him to the next level.

"We saw in our own home how interaction with other children was key to my son's development," said Kopfler. "It just made me think about how other children who may have similar conditions, but no siblings, could benefit from a park that catered to their needs, yet was attractive to all children."

The City of Mason has been one of the playground's strongest advocates, standing firmly behind this endeavor as part of its mission to foster a community environment grounded by a pervasive culture of wellness. Through the Mason Parks Foundation, Mason has purchased 22 acres of land and completed the roadway, sewer and bridge work on the property, which sits on U.S. Route 42 on the south side of Mason. The City

also pledged \$300,000 in matching funds to boost fundraising efforts for the initiative.

"The Common Ground Playground sends an important message to our community about inclusive opportunities," said Barbara Berry-Spaeth, Vice Mayor of the City of Mason. "The Mason School District has one of the largest concentrations of children in southwest Ohio, and whether this playground supports the children with special needs in our schools or parents, grandparents, or family members with limited mobility, we are enthusiastically supportive of what it will mean to our community."

In an act of community collaboration, Deerfield Township Trustees made the decision to join the fundraising initiative. On April 4, trustees approved a Memorandum of Understanding to allow Administrator Eric Reiners to coordinate with the City of Mason to provide an additional \$100,000 in matching funds to support existing fundraising efforts.

"Play is such an important component to high quality of life, and removing barriers to working and playing together is a special theme to our work in Deerfield this year. Common Ground Playground will be an incomparable amenity for our region, a place where everyone can play with no restrictions regardless of their capabilities. We're thrilled to be partnering with our neighbors in Mason to make this park a reality very soon," said Chris Romano, Deerfield Township Trustee.



### Local Veteran Population Stands Behind Initiative

▶ John Looker is a 20+-year member and past commander of American Legion Post 194 in Mason. He served in Vietnam, earning two Purple Hearts, and is an ardent supporter of the Common Ground Playground. Looker feels the inclusive playground meets an important community need for returning veterans who may use a wheelchair or have another disability that prevents them from playing with their children on a regular playground.

"I can tell you that the veteran community has been behind this initiative from the start, donating nearly every year since they started fundraising," he said. "We have 17,000 veterans in this region and any time I have spoken to groups about this initiative, they agree it's important for both recent returning veterans, as well as older men and women with handicaps."

Grandparents have also become more involved in raising children as often both mothers and fathers hold full-time jobs. Having a playground where children are within reach and able to play safely is another benefit of the Common Ground Playground.

### What Exactly Is an Inclusive Park?

▶ The Common Ground Playground was designed in consultation with local parents of children with disabilities, a leading inclusive playground manufacturer, therapists, and other professionals who work with children and adults with special needs. Designed in the shape of a butterfly with different play zones, the playground's educational, interactive environment is unlike any other in the region and goes far beyond requirements of the Americans with Disabilities Act to bring new social engagement and sensory opportunities to those who use its resources.

"We first visited all of the parks in Mason to see if there was an opportunity to expand one of our existing facilities," said Kopfler. "However, one by one, we took each of them off the list for various reasons. Our parks in Mason are incredible, but there are lakes and other features that make them inappropriate options for the special needs population."

At its core, the Common Ground Playground offers unique play equipment and sensory experiences in a safe, enclosed environment on 22 acres. It encourages social interaction and challenges physical, social, emotional, and cognitive development through meditative, interactive, exploratory, and imaginative play. It also offers quiet areas to support children who may be overstimulated and need to rest, as well as specially designed restroom facilities and other amenities catering to those with special needs. Included in the design is a Miracle Field allowing children with mental or physical challenges to participate in baseball.

"We believe this park will become a destination for our region as families with both special needs and typically developing children can play side by side," said former City of Mason Chief of Police Ron Ferrell, who began managing the project with Rachel Kopfler since his retirement in December. "The Parks Foundation has really accomplished a lot to date. We plan to move quickly through the next phase of development with the added funds from Mason and Deerfield Township. In addition, any in-kind work we receive from local businesses (asphalt, site readiness work, etc.) will be recognized in our communications and could significantly offset the total fundraising needs."

# COVER STORY

# **Fundraising Efforts Making Strides**

undraising efforts thus far have supported the first two phases of development, including the purchase of the property, as well as the bridge, road, and sewer work. Utilities, site preparation, and storm sewer installation are the next part of development. The \$400,000 in matching funds from the City of Mason and Deerfield Township will go a long way toward realizing those efforts.

Many events and organizations have supported the Common Ground Playground, including the Mason Tri-Umphant Triathlon/ Duathlon, the beer gardens at Mason's Red, Rhythm, and Boom, the Sheri Collins Memorial Walk & Roll, the Mason Corporate Challenge, and Party for a Purpose, an event developed by Colleen and Brad Johansen that has donated a portion of its proceeds each year to the playground.

In addition, Jackie Quigley, a local Realtor in the Mason community, has taken a strong advocacy role, making a \$100 donation since 2015 every time she closed on a house.

When asked why the Common Ground Playground was so important to her, Quigley explained, "I have lived in the Mason community since 2004 and love where I live. When I moved to Mason, I felt so welcomed. I make it a personal goal to make others feel the same when they move to our town. Having this playground as part of the community is just another way to welcome others. *We welcome everyone* to come and play together."

In addition to making direct donations, there are several simple ways to support fundraising for the Common Ground Playground:

• Purchase a Mason Monopoly game at Symbiosis in Mason Community Center. The games were purchased through a donation, so every \$30 sale goes directly toward the new park.

• Make a tax-deductible contribution directly to the Mason Parks Foundation at www.masonparksfoundation.org/ give.html.

• Sponsor a portion of the park with naming rights (playground equipment, benches, restroom facility, etc.) that reflect you or your company's commitment to inclusive community play in our region. Please contact Mason Parks Foundation Board President Rachel Kopfler by email, online at www.masonparksfoundation.org/contact-us.html or by phone at 513.229.8550.

When describing her son today, Kopfler explains, "He is an active eighth grader—on the school wrestling team—who participates in activities just as passionately as his siblings. That's why I'm leading this effort. To see his success through the challenges he has makes it completely worthwhile."



The Rainbow of Hope illustrates fundraising progress toward the overall goal. The dark and light purple sections, which included purchasing the property, and bridge, road, and sewer work, are already complete. The blue section is well on its way with the \$400,000 in matching funds provided by Mason and Deerfield expected to support moving through the infrastructure work quickly. The park will open once the playground prep and equipment phase is complete, with the Miracle Field planned after that.

Special thanks to Mason High School art students Adara Hove and Zach Boutwell who created this illustration.

# Mason Community Center Activities

<b>30 FAMILY</b>	34 PRESCHOOL	35 YOUTH	39 TEEN	40 ADULT	45 SENIOR
	Mason Communit v.imaginemason.org, or b	•	ALL PROGRAM REGIST Premier members Open	RATION BEGINS Friday, August Monday, Augu	
PROGRAM FEES Program fees are set by membership and residency: PRE: Premier pass holder BAS: Basic pass holder MR: Mason resident (if you reside within the boundaries of the City of Mason) NR: Nonresident			CITY OF MASON O HIO DEAT THAN 1940 INNOVATION Mason Community Center	nline at www.imagine programs and events in CenterP ity of Mason, which operates M r, 6050 Mason-Montgomery 29.8556	Point are brought to you by

Recreation programs and facilities presented by the City of Mason are open to all citizens regardless of race, gender, color, religion, nationality, or disability, including those who live outside of Mason and those who do not have a community center membership. City of Mason is an Equal Opportunity Employer and is committed to supporting the Americans with Disabilities Act. Please contact us if you require special accommodations.

# MASON COMMUNITY CENTER PRESENTS COMMUNITY CENTER PRESENTS COMMUNITY CENTER PRESENTS MASON COMMUNITY CENTER PRESENTS



Preschool Playtime Mason Community Center August 12 • 10:00 - 11:30 a.m. Activity Room B



For more information and registration please visit www.autismcincy.org



**Building Blocks** For Kids <sup>Funding Needs.</sup> Improving Lives. 2017 BUBBLE BLAST

• 5K Run | Walk | Play

Sat, August 26, 2017 • Corwin M. Nixon Park Premier members receive a 20% discount on 5K registration. To register for more information about this unique event:





# **EXACTING UP:** Presents **ANYTHING GOES**

Mason Middle School Theater Mason Community Center Premier Members receive \$2 off tickets

For tickets & Information: ACTINGUP.COM

 Fri, Sept. 22
 @
 7 p.m.

 Sat, Sept. 23
 @
 2 p.m.

 Sat, Sept. 23
 @
 7 p.m.

 Sun, Sept. 24
 @
 5 p.m.





### October 27 • 7:30 p.m. Mason Middle School Auditorium

Interactive, inclusive concert www.lynxproject.org



**Sunday,** 8:30 a.m.

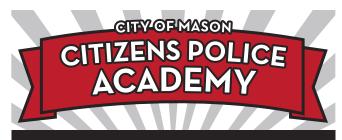
Sunday, October 29, 2017 8:30 a.m. - 4 p.m. Mason Community Contor

- Mason Community Center
- Sports psychology, nutrition, study of strokes, and more
- In-water sessions

• Register online at www.jcafoundation.org

- + Q & A with professional and Olympic coaches and swimmers
- José Cerdá Aquatic FOUNDATION

Interested in partnering? Contact Dan at DChambers@masonoh.org.



### September 12 – November 7 Mason Police Department • 7 – 9 p.m.

### Mason residents are invited to join the Citizens Police Academy. Program topics include:

- the role of the police officer
- how criminal investigations and the court system work
- self-defense
- traffic enforcement
- domestic violence
- · OVI (operating vehicle while impaired)

#### Participants will also:

- test their decision-making ability with the assistance of a firearms training simulator  $% \left( {{{\mathbf{x}}_{i}}_{i}} \right)$
- ride along with Mason police officers during their shifts

#### QUESTIONS? CALL 513.229.8560

Registration required



### BALANCED LEARNING® WAY: Including how to share.

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www.imaginemason.org

### Mason Police Tip Vehicle Protection

ost thieves will not break into a car if they cannot see what they are getting. Criminals are often opportunistic: purses, briefcases, sunglasses, clothing, keys, gym bags, and small change are all often tempting to a thief.

- Always try and remove valuables from the vehicle upon reaching your destination.

- If you need to leave items in the vehicle, remove valuables from plain view. Even loose change lying on the console may entice thieves.

- Lock items in the trunk or glove compartment *before* you reach your destination when criminals could be watching. Thieves may stake out parking lots and easily spot persons bending over or appearing to be placing items under or between seats. If you don't have a trunk, always carry with you what is needed.

- Thieves watching parking lots will note women leaving a vehicle without a purse. This is often a sign that it is still in the vehicle. Most of the time, it is easy to spot a purse strap or hidden item sticking out from under a car seat.

- Never attach a tag with your name and address to your key ring. If the keys are lost or stolen, the tag will lead the thief directly to your car and your home.

- When leaving keys with a parking attendant, leave only the ignition key. Remove garage door openers from the vehicle, as this could give a thief easy access to your house.

- Cars stored in a carport or parked outside of the home should be near exterior lights throughout the night. Consider adding a light fixture and motion detector close to the vehicle that would activate if the vehicle is approached.

The Mason Police Department encourages residents to remain attentive to your surroundings and report suspicious people who are lurking around parking lots or remain in parked vehicles for extended periods of time.



### **Safety Camp**

Safety Camp in June was a blast for Mason campers. Thank you to Mason Fire Department, Mason Police Department, Mason Service Center, Mason Swim Academy, UC Health Police Department, ODNR, NOAA, and more for support, involvement and making Safety Camp informative and fun.

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# OCTOBER 14 10 a.m. – 2 p.m. mason community center

Halloween trunk or treat, costume parade, family entertainment including live performances by local businesses, over 40 local businesses including children's programs, after-school enrichment programs, preschools and daycares.

Mason Public Librar



presents

# Deerfield Township Strategic Action Agenda



eaders in Deerfield Township have launched a strategic planning process to help make the community a more prosperous, successful, and vibrant place to live, work, and do business. The Deerfield Township Strategic Action Agenda will result in a framework for economic development activities that reflects the community's commitment to sustainable and responsible growth for its businesses and residents.

Deerfield has seen a number of positive changes in recent years both in the Township and surrounding communities and the region. New developments, investments in transportation and infrastructure, and employment announcements suggest that the next decade will bring even more changes. Maintaining the high-quality educational assets and quality of life standards that residents have enjoyed will require addressing the changes and challenges that may come with growth.

A diverse Steering Committee comprised of representatives from the public, private, and non-profit sectors will guide this seven-month process and ensure that it lays the foundation that will allow people and businesses to thrive and wealth to accumulate in the community. The community-driven process will include six meetings and conclude in February 2018. The process will include five phases, details of which may be found on the opposite side of this handout.

Market Street Services, a national community and economic development firm based in Atlanta, will help facilitate the strategic planning process. Founded in 1997, Market Street's staff has worked with clients in 34 states and more than 160 communities throughout the country to devise measurable, achievable strategies and determine what is needed from an organizational standpoint to successfully implement those initiatives.

#### TAKE THE ONLINE SURVEY AND HELP SHAPE THE STRATEGIC ACTION AGENDA!

Visit DeerfieldActionAgenda.com and click on the Take Our Survey tab. The survey is open to anyone who lives or works in Deerfield Township or surrounding areas. Please share the link with your networks!

### **PROJECT OVERVIEW**

#### PHASE ONE: STAKEHOLDER ENGAGEMENT

Qualitative input will be an important factor in identifying strategic priorities for Deerfield. Market Street will work with the Township and its partners to engage stakeholders from the community in one-on-one interviews, focus groups, and an online community survey. This input will help identify the community's strengths, weaknesses, opportunities, and challenges.

#### PHASE TWO: COMMUNITY ASSESSMENT

The Community Assessment will provide a detailed examination of Deerfield's competitiveness as a place to live, work, and do business. The Assessment that will weave qualitative feedback from phase one with the quantitative findings into a set of "stories" that provide a concise narrative of the community's opportunities and the challenges it will face as it seeks to become a more prosperous and successful place.

phase three: Economic Development Service Gap Analysis

Communities around the country engage in economic development programs designed to increase their competitiveness for talent, jobs, and investment. These "services" are frequently delivered by a network of partners at the local and regional levels. The Economic Development Service Gap Analysis will examine how economic development services are delivered in Deerfield and the surrounding region to determine how the Township can take action to complement existing programs and meet any outstanding community needs. The Analysis will review a wide variety of economic development services, including recruitment and lead generation, project management, lead management, business retention and expansion (BRE), talent development, etc.

#### PHASE FOUR: STRATEGIC ACTION AGENDA

The Strategic Action Agenda represents the culmination of all the quantitative and qualitative research findings and strategic implications. The Action Agenda will create a framework for economic development activities in Deerfield Township and will be geared towards addressing challenges and capitalizing on opportunities. The plan will be holistic, actionable, and measurable. Examples of best-practice programs, policies, and initiatives from communities around the country will be included when relevant and appropriate to help form strategic recommendations and their subsequent implementation.

#### PHASE FIVE: IMPLEMENTATION PLAN

Timely and effective implementation is critical to the ultimate success of the Deerfield Strategic Action Agenda. If the Action Agenda represents what Deerfield leaders need to do to fully realize the community's single vision, the Implementation Plan determines how to do it. The Plan will formalize timelines for phasing in initiatives, identify lead and support implementation entities, determine existing and necessary financial and personnel capacity to drive implementation, propose optimal staffing and governance operations, and confirm performance metrics to track implementation progress and success.

#### FOR MORE INFORMATION, PLEASE CONTACT:

Eric Reiners Administrator Deerfield Township 513-701-6973 ereiners@deerfieldtwp.com Matt DeVeau Project Manager Market Street Services 404-880-7243 mdeveau@marketstreetservices.com

# Three Questions with: GEORGE HIGHFILL BUILDINGS & GROUNDS SUPERVISOR



Mason City Schools Buildings and **Grounds Supervisor George Highfill** is a Comet through and through. The 1974 Mason High School graduate who played football, basketball, track, and tennis married his high school sweetheart and fellow '74 Comet, Lois. Together they raised Billy, MHS Class of 1993, and Bobby, MHS Class of 1997, to know how special it is to wear the green and white. George and Lois are the proud grandparents to a new generation of Comets: Billy Jr. (MHS Class of 2013), Brittany (MHS Class of 2016), Mackenzie (MHS Class of 2023), and Chad (MHS Class of 2026). Over the last 20 years, George has led the team of hard-working men and women who keep 1,536,952 square feet of our schools clean and maintained. Prior to coming to Mason, he worked in operations at GE for nearly 20 years.

You're someone who respects Mason's traditions, and are part of its future. What do you think it is that makes Mason a special place? I've lived here all my life.

It has really changed through the years. The diversity has really grown. I'm half Japanese—my mother is Japanese; she's 88 years old and still lives here in Mason, too—and back [when I was in school] I was the only kid who was different. There's been a big diversity change since I went to school—and that adds to our community.

Between the community working together and the parents, teachers, the old time Mason people, the City and the Township, and the administration and the School Board we've come up with a decent plan. We are lucky. We've had things figured out. We have nice schools and also the business development to help them out.

2 The School District is implementing its Master Facilities Plan. There's a whole lot of planning happening to prepare for the transition year in 2018–2019 when all 2nd graders go to MECC, 3rd and 4th graders attend school at Western Row, 5th–7th graders and a portion of 8th graders attend school at Mason Intermediate, and the other

### portion of 8th graders will attend school at MHS (along with 9th–12th graders.) How are you preparing for all the moves?

There will be tons of moves, and we'll need to get all the teachers' things to the right buildings and get everything ready and clean in a short length of time. When we opened the new high school, that move was also a really big move. It will take a lot of team coordination between our principals, teachers and everyone working together to get it done. It will be a big undertaking, but we will do it—we have to because our students and staff deserve it to be a good year.

### You lead by doing. What is it about our district's custodians and maintenance staff that makes you the most proud?

Our staff takes great pride in their work. We have some really great people—they are honest, hard-working and they care. That's the biggest thing. We get a lot done. It takes a whole lot to keep the school going and you want it to look good. We take great pride in it. In my 20 years I've only had one day off because the electric went out. We know the responsibility, and our people respect the trust that people have in us—we never take that for granted. INTRAMURAL SUBMUCOSAL SUBSEROSAL

# When Fibroids Cause Trouble...and What Women Can Do

They range in size from a grape seed to a grapefruit. Many do no harm and cause no symptoms. Yet for some women, a uterine fibroid—a muscular growth in or on the uterus—can cause pain or discomfort.

"The overwhelming majority of the time, fibroids are benign tumors," says William Buckley, M.D., obstetrician/gynecologist with Group Health TriHealth Physician Partners. On rare occasions—in one to five per 1,000 women with fibroids—a fibroid can develop into cancer.

When fibroid symptoms do occur, they include heavy or painful periods, pressure or enlargement in the pelvic area, frequent urination, lower back pain, pain during sex, or increased complications during pregnancy. Rarely, fibroids can cause problems with fertility.

"Many times, women aren't aware that there are treatment options available for issues they think are 'normal," Buckley continues. "The array of options we have to offer has grown exponentially over the past two decades. Most of the time, we don't have to perform surgery."

# HOW DO I KNOW IF I HAVE A UTERINE FIBROID?

"Age 35 to 45 is when we see women with the most symptoms related to fibroids," Buckley says.

Sometimes, your doctor can feel fibroids during a routine pelvic exam. Imaging tests, such as ultrasound, X-ray, CT scan, or magnetic resonance imaging (MRI), help confirm the size and location of a fibroid.

"They can be hard to distinguish from leiomyosarcoma, a rare, cancerous tumor in the uterus that causes similar symptoms," Buckley notes.

If a more definite diagnosis is required because your symptoms are severe or your doctor wants to rule out cancer, your doctor can view your uterus through a scope. It can be inserted through a small incision near your navel or through the vagina and into the uterus.

### ▶ WHAT ARE MY TREATMENT OPTIONS?

"Treatment depends on your symptoms. Ask your doctor about all of your options," Buckley says.

If you have heavy bleeding, he says your doctor may put you on birth control pills or other medicines to regulate hormones thought to cause fibroids. Medicated intrauterine devices also may be helpful to decrease bleeding.

When medications don't resolve painful periods and heavy bleeding, or you have other symptoms, Buckley says you may need a minimally invasive procedure to destroy or remove the fibroid. Women who want to have children need to choose an option that won't harm or alter healthy uterine tissue.

Minimally invasive options for treating fibroids include:

**Myomectomy**—surgical removal of fibroids, leaving healthy uterine tissue in place.

**Endometrial ablation**—removing or destroying the lining of the uterus with heat, freezing or other techniques to control heavy bleeding.

**Uterine artery embolization**—destroying the fibroid by injecting tiny plastic or gel particles into select arteries to cut off the blood supply to the fibroid.

Hysterectomy—removal of the uterus.

Buckley notes successful minimally invasive techniques for hysterectomy: A laparoscopic procedure allows the surgeon to disconnect the uterus through small incisions in the abdomen under the guidance of a tiny camera. The uterus is then removed through the vagina. The uterus also can be removed without external incisions by working entirely through the vagina.

One of the latest treatment options for hysterectomy or myomectomy is robotic-assisted surgery. Buckley says robotic surgery improves the doctor's ability to visualize the uterus using three-dimensional, high definition imaging. In addition, "the robot adds dexterity when cutting at angles historically difficult to cut using our hands and straight instruments."

He concludes, "Our armamentarium to treat gynecologic problems has vastly improved. We've greatly improved patient satisfaction and quality of life."



William Buckley, M.D., sees patients in West Chester at 8040 Princeton Glendale Road and in Kenwood at 8245 Northcreek Drive. Call 513.246.7000 for more information.



# Township's StoryWalk is Bright Thanks to D **Duke Energy Grant**

f you are strolling the grounds, taking a hike or running through the woods of Carter Park, you may have noticed the semi-permanent installations of books along the pathways. This is called a StoryWalk. A StoryWalk transforms the pages of a children's book into signs that are laid out on a trail. Following the path of pages is a great way to keep your body and brain active and healthy!

The Township recently received a \$4,500 grant from the Duke Energy Foundation to help create a much broader and diverse selection of books for the community in 2017. Grant dollars will be used to purchase outdoor, weather resistant signs, with each sign being a "page" in a StoryWalk book. The expanded collection will encourage family literacy, time together, and increased opportunities to enjoy parks and be active outdoors.

"Duke Energy has a long history of supporting community development, education, and economic development in the region. The Story Walk project was something we felt was important to Deerfield Township that will benefit residents and families for years to come," said Tim Abbott, Duke Energy manager of Government & Community Relations.

The Duke Energy Foundation provides philanthropic support to the community it serves and addresses the needs of the communities where their customers live and work. The Foundation provides more than \$2 million annually in Southwest Ohio and Northern Kentucky and over \$30 million in the six states it serves in the Midwest, Florida, North Carolina, and South Carolina.

For more information about the Duke Energy Foundation, please visit www.duke-energy.com/community/duke-energy-foundation.









**Grandparents Day at Mason Community Center** included swimming, ping pong, air hockey, Cardio Kids Fitness, the climbing wall, crafts, and lunch.









### **D.A.R.E. Graduation**

The D.A.R.E Graduation Celebration event was held at Mason Community Center for graduates and their families of the D.A.R.E Program from Mason Intermediate School and St. Susanna School. The celebration included music, entertainment, prize drawings, a visit from the police K-9 and more!

# ....

# Genetesis – A City of Mason Coming Home Story Tech Returns to the Birthplace of the Idea

ongratulations and Welcome Home to Biohealth technology company Genetesis. This story is one that the Mason community is particularly proud to share. Genetesis began developing their CardioFlux technology in early 2015 and is the brainchild of a recent Mason High School graduate's passionate about both providing critical medical solutions and the City of Mason's start up culture. The unique cardiac imaging device non-invasively measures the magnetic field of the heart to detect abnormalities, such as blocked blood vessels ,and is designed to solve several pain points in clinical cardiology to save time, money, and lives.

Not only did they bring their developing medical device and evolving software platforms that are driving the national attention on their product back to Mason, but they have also brought quite a bit of fanfare. Funded by CincyTech and the well known Mark Cuban, they were also recently recognized with a Nvidia Inception Award for Best AI Social Impact Startup on May 10. The company's relocation to Mason came only a few months after closing a \$1.2 million seed round.

In May, the company moved their headquarters operations to the Mason Tech Elevator at 5412 Courseview Drive, the tall glass triangle building located on I-71, Mason's Innovation Corridor. The new space in the Mason Tech Elevator offers flexible creative space to scale a young company. "We certainly see ourselves expanding in terms of team number quite quickly," said Genetesis CEO and cofounder Peeyush Shrivastava.

The City's investment in the startup community was evident and attractive to the team at Genetesis. "We love being right in the middle of the growing biotech corridor in Mason with other great biohealth companies like Assurex Health and AtriCure, which are in our field," said Shrivastava. "We feel we bring great diversity of thought to the business community and are excited to connect with other thought leaders here."

Genetisis joins 17 other startups operating in Mason. "Mason city leadership has put a lot of energy behind fueling and scaling startup companies," said Michele Blair, Director of Economic Development for the City.

Welcome Home!

For more information: www.genetesis.com and www.elevator.whymason. com.





# Butterfly Walk Enjoys Record Numbers

he 11th annual 2017 Butterfly Walk was held on May 13th at Cottell Park in Deerfield Township. Inspired by the spirit of one child's fight with cancer, a community of friends came together on May 13, for a day filled with races, games, celebration, and remembrance. The event is designed to raise awareness to support families facing similar battles and to support the cancer research of CancerFree KIDS.

This year, the Butterfly Walk celebrated record numbers of walkers, runners, and donations for cancer research. Over 1,300 registered, including 479 runners for the traditional run that circles and weaves in and around Cottell Park.

The event raised an impressive \$130,000 to be donated to Cancer-Free KIDS pediatric cancer. This event has raised a total of over \$950,000 for CancerFree KIDS.

The Butterfly Walk honored almost 40 pediatric cancer survivors on the performing arts stage for their battle with cancer. A moment of silence was held for the lives lost too soon.

The Deerfield Township Fire Department came out to make the start of the 5K race extra exciting. A cancer survivor used the loudspeaker in the fire truck to count down the race, then she started the race by blowing the engine horn, and the fire truck sprayed off its water cannon for a spectacular display.

"We couldn't do this event and make it a success without the support of the Deerfield Township Parks Department, the Warren County Sheriff's Department, and the Deerfield Township Fire and Rescue. This town is amazing and helps support us in every way they can, " said Amy Parabello, founder of the Butterfly Walk.

For more information on the Butterfly Walk and Cancer Free Kids please visit www.butterflywalk.com.

Kids please visit lywalk.com.

# WHERE **#GOALS** BECOME **#RESULTS**

- State-of-the-art Fitness Center
- Kids Korner provides a safe and fun environment for your kids
- Group Exercise classes offered each week
- Les Mills Certified Programs: BODYPUMP, GRIT, and SH'BAM
- TRX (Suspension Training)
- Indoor Leisure Pool, Competition Pool, and Whirlpool
- Massive 35-foot Climbing Wall
- Indoor Walk/Run Track
- Convenient Postal Unit, Gift Shop, Café, and Group Health Pharmacy
- Gymnasium and Field House
- Senior Center
- Meeting and Party Rooms
- Same rates for residents and non-residents
- No long term contracts

Sign up during the month of September for a PREMIER Membership and SPIN THE WHEEL at the Membership Services Desk to reveal your savings. You could receive:

- First Month Free
- Premier Membership At Basic Rate For Three Months
- Free \$99 Personal Training
   Package
- \$50 City of Mason Golf Center Gift Certificate (can be used for rounds of golf, at the restaurant, or in the pro shop)
- \$50 Mason Community Center Gift Card

(can be used for programs, at Meet Me On Main Café, or in sym•bi•o•sis Gift Shop)

Offer for new members only.









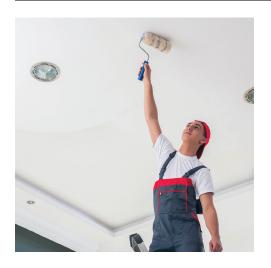


MASON COMMUNITY CENTER • 6050 Mason-Montgomery Road • Mason, Ohio 45040 513.229.8555 • www.imaginemason.org

GET ENERGIZED. GET ACTIVE. GET CONNECTED. GET HERE!



# Planning a Home Improvement Project?



lanning on adding a deck, refinishing your basement, installing a pool, or other project? The City of Mason Engineering and Building Department can help you with your project. Check out information sheets available online at www.imaginemason.org or in-person at the Mason Municipal Center Customer Service Counter located at 6000 Mason Montgomery Road. Do-it-yourselfers can find valuable information to use during the planning stages of these types of projects. Building a deck? The information sheets will help you determine the proper sizing of concrete piers, floor joists, and floor beams. They also provide guidance on building stairs and handrails and on how to

connect a deck to the house and to the support posts. Information sheets are also available for finishing your basement and for installing fencing and the electrical components for a swimming pool.

If you use the City information sheets when you submit your plans for a permit, just fill in your dimensions and check off the details that apply to your deck—and you'll save \$30 off your permit fee!

### Why Get A Building Permit?

Zoning and building codes are created to preserve your health, safety, general welfare, and property. They are designed to help keep you, your guests, and even your future homebuyer safe and out of harm's way. As part of the overall process to insure that the rules for building and zoning are followed as consistently and fairly as possible, building permits are a necessary step before many types of building or repair projects are started.

The City of Mason Engineering and Building Department administers most building permits for work within the City. Warren County issues permits for plumbing-related items. Homeowners are required to obtain the necessary building permits before work begins.

When applying for a permit you will need to state what you plan to do and provide a set of plans for your project. Need help with your drawings? The Building

Department staff can answer your questions: call 513.229.8520.

During the permit review process, any potential issues are identified. These may save you from

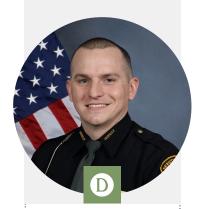


costly modifications later, such as having to replace a wall built with improper materials or spacing, putting a structure too close to a property line, or building a basement bedroom without a window properly sized for an

emergency exit.

Indoor plumbing in the City of Mason requires a plumbing permit through the Warren County Health Department, Plumbing Division, at 513.695.1476.

If you do not see the answers to your questions, please contact the Engineering and Building Department at 513.229.8520.



### Township Assigns new D.A.R.E. Officer

In July 2017, Deputy Nicholas James Caito was assigned to the Warren County Sheriff's Office, Deerfield Township Post as the D.A.R.E./Crime Prevention Deputy (Drug Awareness Recognition Education).

This community oriented position involves teaching D.A.R.E. to several schools in Deerfield Township, Hamilton Township, and South Lebanon that include Little Miami, South Lebanon Elementary, Saint Margaret of York, Columbia, JF Burns, Kings Middle School, and The Montessori Academy on Duke Boulevard.

A D.A.R.E. Officer provides safety education to adults and children in the community and assists residents of Deerfield Township in reducing crime in their neighborhoods.

Deputy Caito's favorite aspect of law enforcement is going to work and having a different experience every day, meeting new people, and building camaraderie and friendships. He has enjoyed bringing his law enforcement experience to the D.A.R.E. program and working with kids and the community in a positive way.

Deputy Caito started with the Warren County Sheriff's Office on October 19, 2010, as a Corrections Officer and became a Deputy in July of 2013. He has been a member of the Warren County Sheriff's Office Honor Guard team since 2011. He lives in Springboro with his wife, Amanda, who is a school teacher.



 $(\mathbf{D})$ 

Little Free Library at Cottell Park While playing at Cottell Park, children will have the chance to pick out their favorite books from the Little Free Library. This tiny wooden box, located along the pathway from the Veteran's Memorial, was created by two local teens who wanted to share their love of reading.

How does a Little Free Library work? You can take book and read it. You can share that book with a friend or return it to the Little Free Library. You can also continue to give to the Library by leaving books for others to enjoy.



# **Municipal Tax Note**

Meeting your Mason Tax obligations should not be a complicated process. We encourage residents to contact the Mason Tax Office with any questions or inquiries. We are here to assist you. Tax office staff are available at 513.229.8535 Monday through Friday from 8:00 a.m. to 4:30 p.m. or visit our office at 6000 Mason-Montgomery Road.

If you are a Mason resident and expect to owe Mason City income taxes for 2017, the Tax Office would like to remind you that a quarterly payment is due September 15.

A declaration of estimated tax is the amount of tax liability after applying credit for taxes paid to Ma-27 son, other cities, the resident homeowner credit, and any prior year overpayment. Residents with Declarations in the amount of \$200 or more shall pay estimated taxes on a quarterly basis to ensure they meet their annual tax liability.

Original Declarations may be adjusted if a resident's financial situation changes during the year.

Due dates for estimated payments are April 15, June 15, September 15, and December 15.

Please remember that 90% of your 2017 tax liability is due by December 15, 2017, to avoid late payment penalty of 15% and interest.

Making quarterly tax payments helps taxpayers meet this requirement. The Mason Tax Office offers two ways to assist with making your quarterly payment:

Make your payment online through the Online Tax Tool. It can be found at www.imaginemason.org/ services/tax-information/tax-payments.cfm.

Quarterly estimated payment vouchers are available online at www.imaginemason.org/services/tax-information/ tax-forms-for-individuals.cfm.





Mason City Council welcomes exchange students from Spain.



## Assurex Health secures Mason location for growth

Now part of the Myriad Genetics Family, personalized medicine bandwidth in Ohio expands

he City of Mason has long committed to building collaborative partnerships that accelerate key economic development goals such as growing a Biohealth Hub. Partners such as CincyTech and Cincinnati Children's, with the mutual goal to grow science and technology opportunities, have also been a cornerstone strategy for growing the biohealth community in Mason.

The announcement that Assurex Health will expand for a third time in Mason demonstrates the importance of nurturing strong relationships and leveraging a network. The expansion is a nod to the company's commitment to the biosciences hub and City of Mason partnership that has been instrumental in its growth over the past seven years.

Founded in 2006, Assurex Health is a precision medicine company in the biohealth sector and part of the Myriad Genetics family of companies. The company,



which employs 420 employees, with more than 200 of them in Mason, will keep its certified genetic laboratory on the Mason Municipal Campus positioned for expansion as needed, but all other operations will shift to the new location.

Assurex Health will move from the Mason Community Center this September to 6960 Cintas Blvd., a space formerly occupied by Seapine Software. This high profile location is in the City's Oak Park area, a gateway to the Mason biohealth hub. The new facility offers approximately 24,000 square feet of office space on the first floor that can accommodate the operations of Assurex Health in one location and provide room for future expansion. The new location nearly doubles meeting space available to employees and allows the company to co-locate its workgroups, key to enhance communication and entrepreneurial activity, company officials said.

This opportunity for growth in Mason comes as a result of another successful Mason start up, Seapine Software, wanting to be part of the continuous lifecycle that fuels the startup economy in the City. Seapine Software founders played an integral role prioritizing partnership with Assurex's leadership to make the move possible. Mason's economic development effort is focused on long-term relationships with company leaders that help seed collaborations like this one.

Mason has developed a strong partnership with Assurex along with our regional and state partners, REDI Cincinnati and JobsOhio, with the objective of increasing the City's Biohealth cluster by leveraging key businesses within this important industry sector.

Launching and growing a startup "takes a village" this news celebrates the work of that "village" and provides evidence that Mason, along with our partners have definitely developed a model for success.

For more information: www.myriad.com and www. assurexhealth.com and www.perforce.com.





### Columbia Road Relocation Great Improvements

The Ohio Department of Transportation (ODOT) has started work on a full movement interchange at I-71 and Western Row Road. Currently, there is a partial interchange with a northbound exit ramp and southbound on-ramp. When this project is completed, there will be on- and off-ramps for both north and southbound traffic. Specifically, there will be a new southbound off-ramp and on-ramp connecting directly to Innovation Way, as well as two new northbound on-ramps from eastbound and westbound Western Row Road.

In advance of ODOT's work at the Interchange, the Warren County Transportation Improvement District (WCTID) has made significant improvements to Columbia Road.

Recently, traffic began using the new alignment on Columbia Road, and the new traffic signal at Western Row Road and the new intersection at the relocated Columbia Road became operational.

This project supports better traffic flow on Western Row Road by relocating Columbia Road and improving the existing northbound I-71 off-ramp. Extending the distance between the I-71 off-ramp intersection and Columbia Road and improving turn lanes allows drivers to move more easily through this area.



### WATER TOWER GETS FACE LIFT

Deerfield Township has collaborated with the Warren County Water & Sewer Department to paint the 20 Mile Station Water Tower. The painting of the tower began in the summer of 2017. The Deerfield Township logo will be applied to the tower. The logo will feature the Township's "Cityscape" logo design.

### How does a water tower work?

An elevated water tower operates by gravity and must be at or near the highest point of the area it serves.

When consumers use less water than the system is pumping, the excess water goes into the water tower through an intake pipe. When they use more water than is being pumped, the water starts flowing out of the tower through a different pipe.

A valve in the water tower monitors the level of water in the tower to prevent an overflow.

Water districts also store water in underground tanks and other types of facilities.

# D

### Parkway Drive Expansion Project Underway

Deerfield Township began soliciting bids in the summer of 2017 for the extension of Parkway Drive from the current terminus near Mason-Montgomery Road



through to Wilkens Blvd. This public infrastructure project is projected to start construction in Fall of 2017 of this year, with the new roadway to be open by year end.

The project will include the new roadway, underground utilities and a roundabout.

The Silverman Group is scheduled to begin construction of the District of Deerfield development on the out-lots surrounding the new roadway once complete. Construction of District of Deerfield is anticipated to begin in 2018.

### MASON FIRE DEPARTMENT RECEIVES AMERICAN HEART ASSOCIATION'S MISSION: LIFELINE EMS RECOGNITION AWARD



The Mason Fire Department has received the American Heart Association's Mission: Lifeline<sup>®</sup> EMS Bronze Award for implementing quality improvement measures for the treatment of patients who experience severe heart attacks.

EMTs and paramedics play a vital part in the system of care for those who have heart attacks," said James Jollis, M.D., Chair of the Mission: Lifeline Advisory Work-

ing Group. "Since they often are the first medical point of contact, they can shave precious minutes of life-saving treatment time by activating the emergency response system that alerts hospitals. We applaud the Mason Fire Department for achieving this award that shows it meets evidence-based guidelines in the treatment of people who have severe heart attacks."



# Congratulations Rhinestahl on 50 years!

rom early beginnings in a garage to a global footprint supplying precision tooling, advanced machining, and innovative technical solutions, Rhinestahl Corporation is celebrating 50 years of business. In their heart and from the start, family has been a driving force in the success of Rhinestahl. Through constant dedication to innovation and drive for excellence Hienz Dieter Moeller and Dieter Moeller have grown this remarkable company over the past half century. As the company has expanded, corporate commitment as community leaders and business partners has grown as well. Just like the family we have at home, corporate families are an important piece in fostering the unique Mason community experience.

With the health and safety of the Mason community and beyond in mind, in an incredible act of generosity, Rhinestahl and its family of employees will be donating \$20,000 to support the redevelopment of the Technology Suite for the City of Mason Emergency Operations Center (EOC). The City's renewed EOC is being developed in partnership with Mason City Schools and will assist in protecting community operations during natural disasters and other times of crisis. This gift will accelerate the timeline for the launch of the new state-of-theart EOC significantly.

We send a warm thank you to Rhinestahl from the City of Mason and all of the families in our community. #Welcomehome

For more information: www.rhinestahl.com.

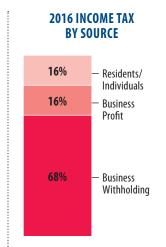
# 2016 City of Mason Financial Review

ach year, the City of Mason prepares a Comprehensive Annual Financial Report in accordance with generally accepted accounting principles. This detailed report is about 175 pages long and presents a complete financial picture of the City and is available on the City of Mason's website, www.imaginemason.org. While this report is significant to the government and financial community, many residents do not have the time to study it in its entirety. As a result, the Government Finance Officers' Association encourages governments to produce a Popular Annual Financial Report (PAFR) that is a quick summary of information in the detailed report. The data included in the Popular Annual Financial Report below provides a summary of the City's governmental activities for year ended December 31, 2016.

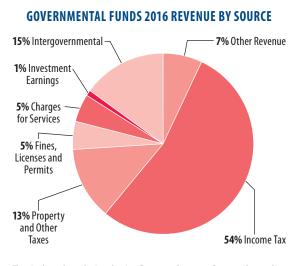
# Where the Money Comes From...

The City of Mason receives the funding it needs to provide services to the community from a variety of sources. The table below presents a summary of the City's revenues by primary type for 2016 and 2015. Tax revenue includes the charter amendment for safety services. Taxes increased with the improved economy and economic development efforts. Intergovernmental revenue increased due to grants for capital improvements. Other revenue includes a one-time revenue for tax increment financing. This additional revenue also caused a one-time increase in community development expenditures. Mason continues to be a community with stable revenue sources for providing services to the community.

<b>REVENUES</b> (millions)	2016	2015
Income Tax	\$30.8	\$29.8
Property and Other Taxes	7.4	6.8
Fines, Licenses, and Permits	3.0	2.7
Charges for Services	2.8	2.1
Investment Earnings	0.5	0.4
Intergovernmental	8.8	5.3
Other Revenue	4.1	2.8
TOTAL REVENUES	\$57.4	\$49.9

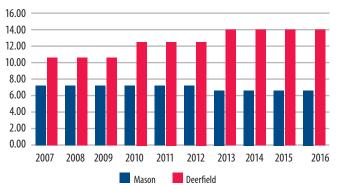


Income tax is the largest source of revenue. 68% of the total income tax revenue comes from business withholding, 16% from business profit and 16% from residents.



The pie chart above depicts the significance each source of revenue has to the City's overall financial health. Income tax is the largest source of revenue for the governmental funds. The second largest source of revenue is property tax. Intergovernmental funds from the State of Ohio is third.

**PROPERTY TAX MILLAGE** 



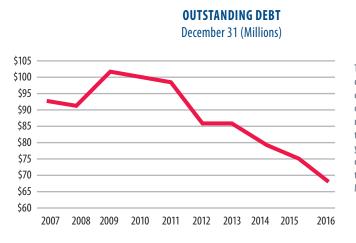
The chart to the left shows that the City of Mason property tax was lowered in 2013 and continues to stay low compared to Deerfield Township. A modest income tax has allowed the cost of services to be shared by businesses, residents, and those working in Mason without significant increases to property taxes.



# Where the Money Goes...

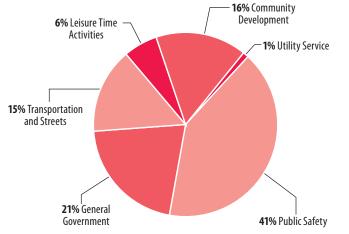
The two-year comparison below for the City's governmental expenditures shows a 10% increase in operating expenditures (\$34.9 million for 2016 compared to \$31.6 million for 2015). The largest increase is from increased expenses for safety services and one-time payments for economic development activity under community development. The City makes continuous efforts to provide services as cost effectively as possible. 2015 had higher capital outlay than 2016 for street and facility improvements such as the new service center completed in 2015.

EXPENDITURES (millions)	2016	2015
Public Safety	\$14.2	\$12.9
General Government	7.2	7.2
Transportation and Streets	5.2	5.4
Leisure Time Activities	2.3	2.3
Community Development	5.7	3.5
Utility Service	0.3	0.3
Operating Expenditures	34.9	31.6
Capital Outlay	10.0	12.1
Debt Service	4.5	6.9
TOTAL EXPENDITURES	\$49.4	\$50.6



The chart of outstanding debt shows the City's commitment to reduce its outstanding debt from \$100 million in 2009 to a level that is below what it was 10 years ago. The cost of the outstanding debt is lower than many cities because of Mason's high credit rating.

### **GOVERNMENTAL FUNDS 2016 EXPENDITURES BY TYPE**



The pie chart shown to the left provides a view of operating expenditure types (excluding debt service and capital outlay). Public Safety (such as Police and Fire services) continues to be the largest share of the City's operating expenditures.

### **EXPENDITURE TYPE DEFINITIONS**

- Public Safety Police, Fire, EMS, Disaster Services, and Street Lights
- General Government Functions serving the entire City including City Council, Administration, Finance, Tax Collection, Court, and Engineering
- Transportation and Streets Public Works activities to clean, repair, and maintain public streets, traffic signals, traffic signs, and right-of-way. Engineering and project management for street improvements
- Leisure Time Activities Parks, Park Maintenance, Recreational Programs, and Lou Eves Municipal Pool
- Community Development Community Planning, Building Inspections, and Economic Development
- Utility Service Expenditures for City utilities paid by governmental funds not included in enterprise utility funds
- Capital Outlay Investment for the city's capital improvements such as road improvements and equipment replacement

### **CAPITAL PROJECTS**

### The following are major capital projects completed that are included in the 2015 capital investment:

- Kings Island Drive Improvements
- Traffic signals on State Route 741 at Stone Ridge Drive and Cox-Smith Road
- Supervisory Control and Data Acquisition (SCADA) for the Water Reclamation Plant

#### Work continues for the following major projects:

- I-71 & Western Row Road Interchange
- Traffic signal upgrades including fiber opticsBethany Road Improvements

- Planning continues for the following major projects:
- State Route 741 Improvements
- Snider Road Improvements
- Master planning redevelopment of the City's parks and recreation facilities

# Mason City Schools Difference Makers

he Mason City School District strives to develop the whole child by personalizing learning so that every student builds critical skills and mindsets.

Difference Makers use these critical skills and mindsets no matter their role citizen, leader, neighbor, entrepreneur, teammate, teacher, worker, volunteer, or friend.



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# **Growing Difference Makers**

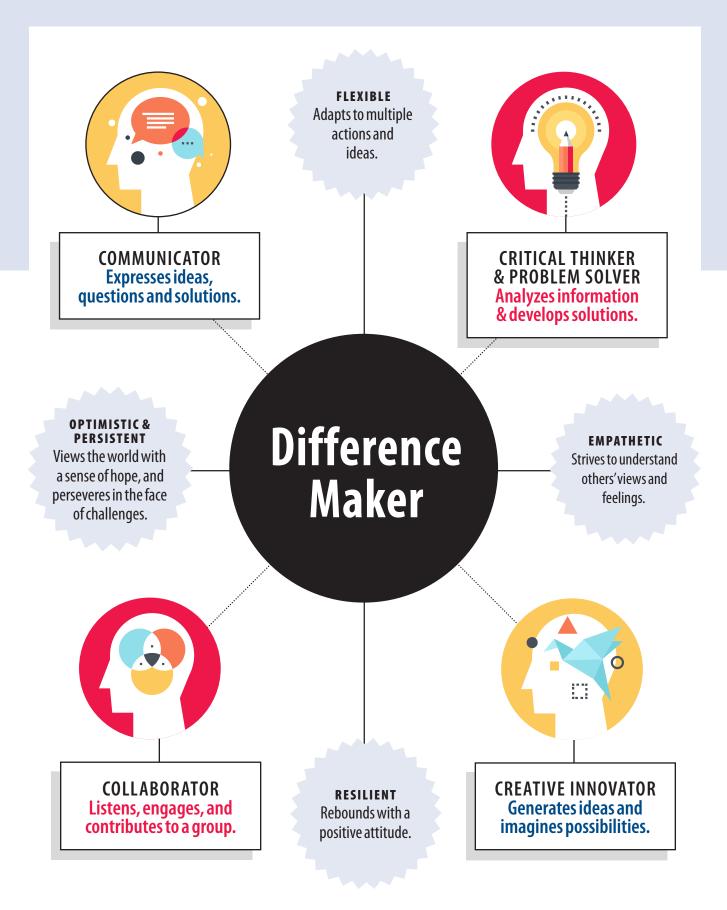
▶ Mason has a tradition of offering rigorous academic learning experiences that prepare students to succeed in college and the workplace. While academic skills are a great foundation, our students face the challenges of a modern world—requiring them to think, innovate, and relate to others in new and increasingly complex ways. A world where:

- Knowledge is created by leaps and bounds
- Communication is instant
- People have diverse perspectives
- Future jobs are not yet imagined
- Change is exponential

• The Mason City School District strives to develop the whole child by personalizing learning so that every student builds critical skills and mindsets. Over the past year, Mason leaders engaged staff, parents, and community advisory groups to help identify the attributes that will

grow difference makers who are prepared to thrive in the modern world. Our graduates need enduring qualities that will help them adapt and learn; use knowledge in new ways; communicate ideas and plans; and inspire themselves and others. Without sacrificing our commitment to foundational academics, we can nurture these qualities through everyday learning experiences at each grade level. This school year, we will intentionally develop a shared understanding of these attributes. Over the next three years, we will institutionalize opportunities for students to reflect on how these attributes take shape in their learning and growth.









Are you planning a Holiday event or activity throughout the month of December? Don't miss out on the opportunity to be published in the City's

### 2017 Christmas in Mason Calendar!

Please see the below guidelines for submissions:

- Event or activity open for the public to enjoy
- Takes place within City of Mason limits
- Holiday or Winter theme

Please contact: The City of Mason 513-229-8500 or email pio@masonoh.org by Friday, November 17, 2017





### HERITAGE OAK STORM SEWER OUTFALL REPAIR

The storm water outfall at Sundin Fields at Heritage Oak Park near the bridge entrance to the park had deteriorated due to years of erosion caused by storm water discharge. This erosion compromised the structural integrity of the outfall discharge pipe. In March, the Public Utilities Department stabilized the outfall channel and pipe infrastructure. The work included bank grading with new grass seed mixture, rock step pools to dissipate water energy, and live stakes to stabilize bank soil.

# Calendar



### Labor Day

Monday, September 4

Mason Community Center open 6 a.m.–12 p.m. (limited facility) Lou Eves Municipal Pool open 12 p.m.–8 p.m. City office closed Mason City Schools closed



### Mason City Schools Thanksgiving Break

Tuesday, November 21– Friday, November 14 Schools Closed

### Thanksgiving

**Thursday, November 23** Mason Community Center open 6 a.m.–12 p.m. (limited facility) City office closed

Friday, November 24 Mason Community Center open 5 a.m.–10 p.m. (full facility) City office closed





# **Liberty Bible Academy**

iberty Bible Academy, founded in 1984, relocated to Deerfield Township in 1999. It is a member of the Association of Christian Schools International and is chartered by the Ohio Department of Education. Nestled on 12 acres in the Township, enrollment has now reached 220 students, from Kindergarten through 11th grade. Increased enrollment has meant the need for expansion.

By early September 2017, a \$600,000, 5,400-square-foot expansion, including four new classrooms and a half-court mini gym/multi-purpose room, will be completed. The classroom expansion will be used for an additional preschool, Kindergarten, first grade, and possible 11th grade class. The half-court gym/multi-purpose room will be used for rainy day activities for the students and special events at the school.

"Deerfield Township has been a wonderful home for our school since we moved here in 1999. We've enjoyed serving the families of this community and the Township has been a tremendous partner as we've grown and improved our business and facilities," said Dana Honerlaw, Principal of Liberty Bible Academy.

The addition was funded through fundraising efforts and generous donations of friends of the Liberty Bible Academy. For more information about Liberty Bible Academy, please visit www. libertybibleacademy.org.



To schedule a mammogram, call 513.569.6565, option 1 OR go to www.community.trihealthmobile.timetrade.com.

\*Please note that insurance will be charged for your mammogram (co-pay will apply).

MASON COMMUNITY CENTER 6050 Mason-Montgomery Road Mason, Ohio 45040





11 student volunteers from Hope Church's Summer Serve program helped mulch and fix a split rail fence located in the trails by the Lodge at Pine Hill Lakes Park. Their efforts help make the trail network easier to navigate, especially for Mason's summer camp participants who visit the Lodge and use these trails during camps. Thank you to all the volunteers who helped!



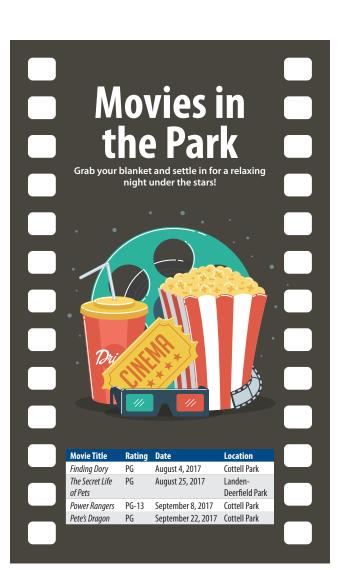


Road improvements have begun to widen Mason Road from Butler-Warren Road to 400 feet west of Maxwell Drive. Mason Road closed June 5, 2017, for roadway widening and is scheduled to re-open November 17, 2017. Traffic has been detoured by Butler Warren Road, Tylersville Road and Snider Road during construction.

The widening of over 2,000 feet of Mason Road to three lanes includes an addition of a multi-use path, curb, and gutter. New storm sewer, pavement markings, and updated signage are also included in the project.

The project is a collaboration between Deerfield Township & Warren County Engineer's Office—with partial funding from the Ohio Public Works Commission.

# **Deerfield Parks** and Recreation



### Kidchella

Cincinnati Family Magazine presents a family fun music festival for all ages. Enjoy live music, giveaways, shopping, and games. Enter the Cover Kids Contest for a chance to see your child on our magazine cover! A portion of the proceeds will be used to benefit the future Common Ground Park, an all-inclusive playground designed to encourage children and adults of all levels and abilities to interact with each other.

Date	Time	Location	Registration
Sunday, August	1:00pm –	Cottell Park (5847 Irwin-	This is an admission-free community
13, 2017	5:00pm	Simpson Road, 45040)	event; no registration is required.

# **Powder Keg 5K Trail Race** This course explores the trails around the historic

King Mansion. All proceeds benefit The Arts Alliance and go toward future arts programming.



Date	Location	Registration
Saturday, August	Carter Park (1720 East King Avenue,	For more information or to register,
26, 2017	Kings Mills, OH 45034)	please visit www.RunningTime.net.

### **Touch-A-Truck**

We've partnered with the Deerfield Towne Center to offer the community an opportunity to get an up-close look at fire trucks, sheriff vehicles, snow plows, tractors and more!



Date	Time	Location	Registration
Saturday, September 9, 2017	10:00pm - 2:00pm	Deerfield Towne Center (5503 Deerfield Boulevard, 45040)	This is a FREE community event; no registration is required.

### **FallFair Arts Festival**

The Arts Alliance presents a family friendly event featuring over 70 local and regional artists, music, food vendors, and free children's art programming.

Date	Time	Location	Registration
		Cottell Park (5847 Irwin-	This is an admission-free community
17, 2017	5:00pm	Simpson Road, 45040)	event.

### **Halloween Treat Street**

We promise a bewitching evening of fun at the Annual Halloween Treat Street. Deerfield Township and the Deerfield Towne Center have cooked up a spellbinding evening of fun for the whole family! Trick-ortreat from store to store and more! FREE fun for everyone, so get into your favorite costume and head to the Deerfield Towne Center Halloween Treat Street!

Date	Time	Location
Friday, October 27, 2017	6:00pm – 8:00pm	Deerfield Towne Center

### Neighborhood Trick-Or-Treat Night

Deerfield Township Trustees have designated October 31st for neighborhood trick-or-treat night. Have a safe and happy Halloween!







### Paint-Your-Own Pottery

Bring your family and friends to the Snyder House for our paint-your-own pottery event! Participants can select from a variety of options—cups, bowls, plates, boxes, banks, and more! We provide all the supplies you need to relax and paint your piece.

Location



Date	lime
Tuesday, November	6:00pm –
14, 2017	8:00pm

Snyder House at Cottell Visit o Park (5847 Irwin Simpson com, 1 Road, 45040)

Registration Visit our website, www.DeerfieldRec. com, to reserve your spot online.

# 10K On Turkey Day Race and 5K Run/Walk



If you are looking for low-cost, low key Thanksgiving Day alternative, this is it. We will start early so you can get the race in and get on with your day. Easy

access and plenty of parking available. This race features a 10K race, 5K race, and 5K walk that begin and end at Lifetime Fitness. We welcome runners and walkers of all levels.

Location	Registration
	Visit www.DeerfieldRec.com for a link to register.
[	Deerfield Township LifeTime

### Santa's Workshop

All of Santa's helpers and children scurry about to create some special gifts for people on their holiday lists. This free event for Deerfield Township residents offers crafts, a visit from Santa, and a chance for children to create something special to give for the holidays.



Date Time	Ages	Location	Registration
Saturday, 10:00am OR	Youth, 3 – 8	Snyder House at	Registration begins online November
December 2, 11:00am	years old,	Cottell Park (5847	1st at www.DeerfieldRec.com; space
2017	accompanied	Irwin Simpson	is limited.
	by an adult	Road, 45040)	

### **Holiday Lights**

See Santa arrive by fire truck, count down as they flip the switch to light the towering Christmas tree, and more! Come join the holiday magic at this FREE Community Event!

Date	Time	Location	Registration
Saturday, December 9, 2017	5:00pm – 7:00pm	Deerfield Towne Center	This is a free community event; no registration is required.

# FallFair Arts Festival New Day!

he Arts Alliance will celebrate the 12th annual FallFair Arts Festival at Cottell Park on Sunday, September 17, 2017, from 11:00 a.m. until 5:00 p.m. This event is free to the community and there is ample free parking.

Event organizers have changed the festival day from Saturday to Sunday to welcome more community organizations.

The FallFair Arts Festival will feature over 65 local and regional fine arts and crafts artists who will display their work in their own tents on the grounds of Cottell Park. Artists' mediums will include woodworking, painting, drawing, jewelry, ceramics, glass, and much more.

Guests will enjoy a wide array of performing artists this year, including the Mason Community Band, Northern Cincinnati Youth Orchestras, and Mason Comet Skippers, just to name a few.

Children will enjoy the Arts Alliance's children's art making activity tent, where they can make art projects all day.

The Snyder House will showcase the work of The Arts Alliance Painters. This year their exhibition entitled *The Park* will feature over 40 paintings depicting Warren County's beautiful parks.

The Arts Alliance will welcome 16 Lots, a new craft brewery, to the festival. Guest may purchase beer tickets at the event. Food vendors will be on hand.

For more information, volunteer signups and other information, please visit: www.the-arts-alliance.org.

# Mason Community Center Activities



# FAMILY

### SPECIAL EVENTS

## **New Resident Coffee**

#### **Meeting Room**

New to the area? Meet other new residents and their families to learn more about the area at our monthly new resident coffee held on the first Wednesday of every month from 10:30 to 11:30 a.m. Residents who recently moved to the City of Mason or the Mason City School District are invited to attend. The coffee is hosted by the Community Basket and is sponsored by the City of Mason and the Mason Deerfield Chamber of Commerce. Refreshments and tours of Mason Community Center will be provided. Those in attendance will also receive a one-day family pass to the Mason Community Center.

### SPORTS

### Tae Kwon Do Beginner Gymnasium

Tae Kwon Do is a well-balanced Korean martial art specializes in kicking skills. No previous experience is necessary for this class. Adults, teens, and children will train together in a family oriented program.



Parents of all participants under the age of 13 are asked to remain on site, or in the gym if not a member, during class. Please note: A Tae Kwon Do uniform is not required for participation in this class; however, a uniform may be required for any participants who would like to enjoy this program long-term.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu,Th	9/5-9/28	6:30-7:30P	6 & up	8/29	\$42 /\$50 /\$55 /\$55	411110-01
Tu,Th	10/3-10/26	6:30-7:30P	6 & up	9/26	\$42 /\$50 /\$55 /\$55	411110-02
Tu,Th	11/2-11/28	6:30-7:30P	6 & up	10/26	\$42 /\$50 /\$55 /\$55	411110-03*
*No Cl	ass 11/23					

# Tae Kwon Do Advanced

This advanced class focuses on overall self-control, self-discipline, self-defense techniques, balance, flexibility, and strength. Tae Kwon Do will build character and develop courtesy, integrity, honor, respect, loyalty, perseverance, concentration, and compassion to their highest potential.



Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu,Th	9/5-9/28	6:30-7:30P	6 & up	8/29	\$42 /\$50 /\$55 /\$55	411111-01
Tu,Th	10/3-10/26	6:30-7:30P	6 & up	9/26	\$42 /\$50 /\$55 /\$55	411111-02
Tu,Th	11/2-11/28	6:30-7:30P	6 & up	10/26	\$42 /\$50 /\$55 /\$55	411111-03*
*No C	lass 11/23					

# EVENTS IN MASON

Build a Culture of Wellness with Family Events Year Round



# filgust



# 4th • Moonlight Flshing at Pine Hill Park 5th • Bamboo Fishing Derby at Pine Hill Lakes Park 11th • Premier Member Pool Party at LEMP 12th - 20th • Western & Southern Tennis Open 25th • Downtown Block Party encore at Mason Downtown Plaza 26th • BB4K Bubble Bash5K Race at LEMP, Nixon, Pine Hill

# OCTOBER

14th • Fall Fun Fest at the Mason Community Center 21st • Mason Corporate Challenge 5K at Golf Center 20th - 21st • OHSAA State Tennis Championship at Linder Family Tennis Center

# SEPTEMBER

1st - 4th • WCCVB Queen of the Diamond Softball Tournament at Mason Sports Park 16th • Heritage Parade and Festival 23rd • Patriot Fair at Mason Municipal Center and Campus 30th •Crossroads 5K/10K Race

# NOVEMBER

5th • Mason Half Marathon at MCC, Pine Hill, LEMP, Corwin Nixon 11th • Veterns Day Ceremony at Mason Municipal Center

# DECEMBER

1st • Christmas in Mason tree lighting Ceremony event at Downtown Plaza
6th • Shop Local at the Mason Community Center
9th • Breakfast with Santa at the Golf Center
15th • Christmas Movie Night at the Mason High School Auditorium

# 🗠 FAMILY

### **Mason Youth Basketball**

The City of Mason, in cooperation with Mason Youth Basketball (MYB), is pleased to offer the annual youth basketball program. Instructional and recreational leagues do not require tryouts. A numbered jersey and basketball shorts will be provided to all players.



Registration is open to Mason residents and children attending Mason City Schools. **The deadline to register is Monday, October 2.** After this date, Mason Community Center communicates registration information to MYB. Your MYB coach will contact you at least one week before practices begin. For more information on team formation and the

MYB program, please go to www.masonyouthbasketball.org.

### **MYB Instructional Leagues**

#### **Field House**

Practices will be held one night a week in local gyms, with games scheduled at the Mason Community Center. Practice days and times will vary. Games will start in December and will be played on the weekends. Players will play on eight-foot rims.

Day	Grade	Deadline	Fee (PRE/BAS/DR)	Activity
BOYS				
10/30-3/11	1	10/2	\$86 /\$102 /\$127	332023-01
10/30-3/11	2	10/2	\$86 /\$102 /\$127	332023-20
GIRLS				
10/30-3/11	1	10/2	\$86 /\$102 /\$127	332023-10
10/30-3/11	2	10/2	\$86 /\$102 /\$127	332023-21

### Mason Youth Inclusive Basketball begins January 7, 2018.



Inclusive Basketball provides basketball instruction for children with special needs ages 8 to 18. Volunteer coaches will teach the basics of basketball and encourage participants to believe in themselves. Register your participant this winter for an opportunity to enjoy basketball and be a part of the team.

### **MYB Game Admission**

Admission to each recreational or athletic league game is \$2 per adult and \$1 per child or senior, and not more than \$5 per family. Mason Community Center members do not need to pay the daily admission fee for games held at Mason Community Center.

Save time at the door and purchase a punch pass for games played at Mason Community Center. (Games in the Mason City Schools and away games are not covered by the pass.)

Family Pass (5-game pass) \$25 Single Adult Pass (5-game pass) \$10

# MYB Recreational Leagues

The City of Mason, in cooperation with Mason Youth Basketball (MYB), is pleased to offer the annual youth basketball program. This is one of the Community Center's most popular youth programs! Our recreational basketball league is a great way to learn more about the sport while having FUN with other kids.



Practices will begin late October/early November and games will start the first weekend in

December. Home games will be played at Mason Community Center or in the Mason schools. Games will be played on weekends (Friday– Sunday). Practice days and times will vary. Players will be contacted by MYB and their coaches on specific practice and game times and locations. A numbered jersey and basketball shorts will be provided to all players. Registration is open to Mason residents and children attending Mason City Schools. For more information on team formation and the MYB program, please go to www.mason youthbasketball.org.

Please note: For grades 7 and up, players are encouraged to sign up as teams. There is no guarantee of individual placement.

Day	Grade	Deadline	Fee (PRE/BAS/DR)	Activity			
BOYS							
10/30-3/11	3	10/2	\$96 /\$113 /\$138	332022-02			
10/30-3/11	4	10/2	\$96 /\$113 /\$138	332022-03			
10/30-3/11	5	10/2	\$96 /\$113 /\$138	332022-04			
10/30-3/11	6	10/2	\$96 /\$113 /\$138	332022-05			
10/30-3/11	7	10/2	\$96 /\$113 /\$138	332022-06			
10/30-3/11	8	10/2	\$96 /\$113 /\$138	332023-07			
10/30-3/11	9-10	10/2	\$1,100 per team	332023-08			
10/30-3/11	11-12	10/2	\$1,100 per team	332023-09			
GIRLS							
10/30-3/11	3	10/2	\$96 /\$113 /\$138	332022-11			
10/30-3/11	4	10/2	\$96 /\$113 /\$138	332022-12			
10/30-3/11	5	10/2	\$96 /\$113 /\$138	332022-13			
10/30-3/11	6	10/2	\$96 /\$113 /\$138	332022-14			
10/30-3/11	7	10/2	\$96 /\$113 /\$138	332022-15			
10/30-3/11	8	10/2	\$96 /\$113 /\$138	332023-16			
10/30-3/11	9-10	10/2	\$1,100 per team	332023-17			
10/30-3/11	11-12	10/2	\$1,100 per team	332023-18			
DR: Mason City S	DR: Mason City School District Resident						

## **MYB Athletic League Tryouts**

#### Field House

Mason Community Center offers both Athletic and Recreational Basketball Leagues for 4th, 5th and 6th graders.

Tryouts for our Athletic Basketball League Program are indicated below. You will need to register for the Recreational League for the opportunity to try out for one of our Athletic Basketball teams. Those who do not make an Athletic Team will automatically be placed on a Recreational League Team; no additional registration is required. Once Athletic Teams are established some additional fees may apply for participants who do make those teams.

Girls Sunday, September 24 • Grade 4: 4:00 to 5:00 p.m. • Grade 5: 5:00 to 6:00 p.m. • Grade 6: 6:00 to 7:00 p.m. Boys Wednesday, September 27 and Thursday, September 28 (Players must attend both evenings) - Grade 4: 6:00 to 7:00 p.m. - Grade 5: 7:00 to 8:00 p.m. - Grade 6: 8:00 to 9:00 p.m.

### **MASON COMMUNITY CENTER ACTIVITIES**



### Mason Youth Basketball Volunteer Coaches

The City of Mason, in cooperation with Mason Youth Basketball (MYB), is pleased to offer the annual youth basketball program. Practices will begin in November and games will start the first weekend in December. Home games will be played at Mason Community Center or in the Mason schools. Games will be played on weekends (Friday–Sunday). Those interested in volunteering for the 2017–2018 season should register, complete the following paperwork, and email all paperwork to Dana Maidenberg at DMaidenberg@masonoh.org by October 2, 2017:

• Complete the volunteer application printed with your registration receipt.

• Complete the Concussion in Sports online training. This includes an educational tutorial followed by a short test. Sign up to take this free course at nfhslearn.com/courses/38000.

• Provide your National Youth Sports Coaches Association (NYSCA) certification number on your application.

 To obtain or renew your National Youth Sports Coaches Association (NYSCA) certification you must participate in the three part online training clinic. This clinic is \$20 and includes education tutorials followed by a 15 question multiple choice test. After completion, you will receive a certification, NYSCA membership and liability insurance coverage. Sign up to take this course at www.nays.org/ coaches/.

FAMILY 🗠

 Mason Community Center requires anyone working with children to pass a background check. The Mason Police Department, located at 6000 Mason-Montgomery Road, offers fingerprint processing. Their office is open Monday through Friday from 8 a.m. and 4 p.m. You will need to bring a valid photo ID (driver's license, passport, state ID card) and specify you are being fingerprinted for the City of Mason's youth basketball program.

After all paperwork is submitted, the MYB Board will contact you with the status of your registration.

Date	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
10/30-3/11	18 & up	10/2	Free	332023-19

# WE LOVE OUR MEMBERS! MEMBER APPRECIATION DAYS THURSDAY-FRIDAY-SATURDAY

# **NOVEMBER 9-10-11**

## MEMBER SAVINGS

3 days only!

20% OFF Healthy Lifestyles
20% OFF Group X Punch Pass (limit 1)
15% OFF Personal Training
10% OFF Clinical Exercise Expire one year from purchase date

### PRIZE DRAWINGS

Limit one ticket per person, per day. Winners will be notified by phone or email.

### BRING A FRIEND FREE

Bring a friend free on all 3 days (no guest pass needed). If your friend becomes a member, you'll get a month FREE

as part of our referral program.

PREMIER MEMBERS 3 days only!

Receive 20% off any regularly priced item in sym-bi-o-sis.

THURSDAY, NOVEMBER 9 5 - 9:30 a.m. • Member Lounge

Stop in for breakfast.

FRIDAY, NOVEMBER 10 3 - 9 p.m. (or while supplies last!) Grab a snack at the back desk.

FRIDAY, NOVEMBER 10 11:30 a.m. - 1 p.m. • Gymnasium Lunch and fun activities for the kids.



MASON COMMUNITY CENTER + 6050 Mason-Montgomery Rd + Mason, OH 45040 www.imaginemason.org + 513.229.8555

# PRESCHOOL

### AQUATICS

### Me Too! Learn to Swim Class

#### Leisure Pool

This parent/child class is designed to teach you to work safely in the water with your child. Skills will be taught at an introductory level including pool safety, water acclimation, floating and gliding with support, submerging, and blowing bubbles through mouth and/or nose. Please register for both sessions during registration.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity		
Sa	9/2-10/14	10:45-11:15A	6 mos-2 yrs	8/24	\$56 /\$66 /\$83 /\$99	452312-01*		
Sa	10/28-12/16	10:45-11:15A	6 mos-2 yrs	10/21	\$65 /\$77 /\$97 /\$116	452412-01*		
*No	*No Class 9/16 & 11/25							

#### **SPORTS**

### **Mom and Me Gymnastics**



This parent and child class will help develop your child's basic motor skills through jumping, skipping, hopping, running, and rolling. You will use beams, wedges, and mats to engage your child through structured play.



Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity		
Sa	8/26-10/14	9:45-10:15A	18mo-3yrs	8/22	\$49 /\$58 /\$73 /\$87	423461-02*		
Sa	10/21-12/16	9:45-10:15A	18mo-3yrs	10/14	\$56 /\$66 /\$83 /\$99	423461-04*		
*No	*No Class 9/16, & 11/25							

## **Tiny Tumblers**

### Multipurpose Room

Your child will learn to follow directions without the assistance of a parent and focus on basic gymnastics skills such as forward rolls, backward rolls, headstands, and backbends. He or she will also work on circuit training and be introduced to the vault, uneven bars, balance beam, and floor.



#### Day Date Time Age Deadline Fee (PRE/BAS/MR/NR) Activity 8/25-10/13 4:00-4:45P 3 F 8/22 \$60 /\$71 /\$89 /\$107 432470-03 Sa 8/26-10/14 10:15-11:00A 3 8/22 \$53 /\$63 /\$79 /\$95 432470-04\* 10/20-12/15 4:00-4:45P 3 10/13 \$60 /\$71 /\$89 /\$107 432470-07\* Sa 10/21-12/16 10:15-11:00A 3 10/14 \$60 /\$71 /\$89 /\$107 432470-08\* \*No Class 9/16, 11/24 & 11/25

### **Jumping Jacks**

Multipurpose Room

Your child will improve gross motor skills, flexibility, and coordination through circuit training. He or she will also be introduced to the vault, uneven bars, balance beam, and floor.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity		
F	8/25-10/13	5:45-6:45P	4-5	8/22	\$74/\$88/\$110/\$132	432476-02		
Sa	8/26-10/14	11:15A-12:15P	4-5	8/22	\$65 /\$77/\$97 /\$116	432476-03*		
F	10/20-12/15	5:45-6:45P	4-5	10/14	\$74/\$88/\$110/\$132	432476-04*		
Sa	10/21-12/16	11:15A-12:15P	4-5	10/16	\$74 /\$88 /\$110 /\$132	432476-05*		
*No	*No Class 9/16, 11/24 & 11/25							

### INVITATION ONLY CLASSES

Please note: Invitation to the following classes is at the gymnastic coach's discretion.

### **Advanced Jumping Jacks** Multipurpose Room

Younger students who are ready for more advanced gymnastics skills may be invited by their instructor to practice in this class. He or she will work on more advanced skills on the vault, uneven bars, balance beam, and floor.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu	8/22-10/10	4:00-5:00P	4-5	8/21	\$74 /\$88 /\$110 /\$132	432473-01
Tu	10/17-12/12	4:00-5:00P	4-5	10/10	\$74 /\$88 /\$110 /\$132	432473-02*
*No C	lass 10/31					

### **Tiny Tiger Tae Kwon Do** Activity Room A

Tiny Tiger Tae Kwon Do is designed especially for 4 and 5 year old children. The traditional Korean martial art of Tae Kwon Do is taught with emphasis on balance, coordination, discipline, courtesy, respect, along with a twist of FUN!



Children will have an opportunity to test for different belt levels as they master the required skills for each belt. I.K. Kim school uniform purchase will be required to participate. Classes will be instructed by Sandy Kim, 4th degree black belt and President of I.K. Kim Tae Kwon Do Centers, Inc.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu	9/5-9/26	5:30-6:00P	4-5	8/29	\$41 /\$49 /\$54 /\$54	411109-01
Tu	10/3-10/24	5:30-6:00P	4-5	9/26	\$41 /\$49 /\$54 /\$54	411109-02
Tu	11/7-11/28	5:30-6:00P	4-5	10/31	\$41 /\$49 /\$54 /\$54	411109-03

## FIRE PREVENTION WEEK OCT. 8-14, 2017 **EVERY SECOND COUNTS!** PLAN 2 WAYS OUT!™

### **Fire Station Open Houses**

Station 51 Sunday, Oct. 8 1-5 p.m.

Station 52 Saturday, Oct. 14 2-5 p.m. 4420 Mason-Mont. Rd. 5500 Cedar Village Dr.

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## л YOUTH

#### **Outdoor Hummingbirds** Heritage Oak Park



Your child will have fun and learn the

basics of soccer: dribbling, passing, trapping, shooting, defense, and positioning. Each session consists of instruction in each aspect of the game, participation in fun drills that are designed to teach fundamental skills to young children, and low-key, non-competitive games. All coaching will be conducted by Jump Start Sports staff.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
W	9/6-10/11	5:30-6:30P	3-6	8/30	\$60 /\$71 /\$89 /\$107	332124-03
W	9/6-10/11	6:30-7:30P	3-6	8/30	\$60 /\$71 /\$89 /\$107	332124-04

#### **T-Birds T-Ball** Heritage Oak Park



Your child will receive a fun and

instructional introduction to baseball learning the basics of throwing, catching, fielding, batting, and base running. Skills learned will be applied in fun, non-competitive games.

Jump Start Sports Coaches will attend and oversee instruction and games; parent participation is welcomed.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Μ	9/11-10/16	5:30-6:30P	3-4	9/4	\$60 /\$71 /\$89 /\$107	332133-03
Μ	9/11-10/16	6:30-7:30P	3-4	9/4	\$60 /\$71 /\$89 /\$107	332133-04

## **Pee Wees Tennis**



This tennis class is for beginners and participants will learn ball striking skills, scoring, and basic strategy in a fun, stimulating environment. Most enrollees will have little to no tennis experience.



In case of inclement weather, lessons will be held in the Field House at Mason Community Center.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu	8/29-9/26	6:00-7:00P	4-5	8/22	\$55 /\$65 /\$82 /\$98	332215-12
Sa	9/2-9/30	10:00-11:00A	4-5	8/26	\$44 /\$52 /\$65 /\$78	332215-13*
*No C	lass 9/16					



#### Ken Heis wins Coach of the Year

The 2017 Ohio Swimming Awards Banguet was held at the Fawcett Center on OSU's campus. Mason Manta Rays Head Coach, Ken Heis won "2017 Ohio Coach of the Year" for Ohio Swimming (\$1,000 coaches' educational stipend for City is

included with this award). This is the third time Ken has won this award. Manta Rays took home many awards including:

- Most Top 10 National Times: Carson Foster Most Top 10 National Times 11-12 Boys: Carl Bloebaum
- Most Ohio Swimming State Records Broken Most 18 & Under Swimmers Qualified for the Olympic Trials
- Official of the Year: Joe Waller • Coach of the Year: Ken Heis

### **MASON SWIM** ACADEMY



Please register for both sessions during registration.

Premier Registration begins at 8:00 a.m. on Friday, August 18, 2017 Open Registration begins at 8:00 a.m. on Monday, August 21, 2017 Register online at https://webtrac.imaginemason.org

#### Station 1 Leisure Pool

Your child will learn to put his or her face in the water and blow bubbles through his/her nose as well as complete 10 relaxed bobs. To participate in this class, your child must be comfortable in a group class setting without a parent.



#### Class Times: M or W 4:45-5:15P or 5:20-5:50P Sa 9:00-9:30A, 9:35-10:05A or 10:10-10:40A

Date	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity			
8/28-10/14	3-17	8/24	\$65 /\$77 /\$97 /\$116**	452321*			
10/28-12/20	3-17	10/21	\$65 /\$77 /\$97 /\$116	452421*			
*No Class 9/4, 9/16, 11/20, 11/22 & 11/25							
**Sections 01 02 09 10 & 11 have adjusted rates							

01, 02, 09, 10 & 11 have

#### Station 2 Leisure Pool

Your child will build on what he or she learned in Station 1 by learning to glide on his or her front and back in a streamline position. He or she will also learn to roll from front to back float.



#### **Class Times:** M or W 4:45-5:15P, 5:20-5:50P, 5:55-6:25P, or 6:30-7:00P Sa 9:00-9:30A, 9:35-10:05A, 10:10-10:40A or 10:45-11:15A

Date	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity			
8/28-10/14	3-17	8/24	\$65 /\$77 /\$97 /\$116**	452322*			
10/28-12/20	3-17	10/21	\$65 /\$77 /\$97 /\$116	452422*			
*No Class 9/4, 9/16, 11/20, 11/22 & 11/25							

\*\*Sections 01, 02, 03, 04, 09, 10, 11 & 12 have adjusted rates.

## Station 3

#### Leisure Pool

Your child will enhance his or her breath control and streamlining skills learned in previous Stations while learning proper kicking.



#### **Class Times:** M or W 4:45-5:15P, 5:20-5:50P, 5:55-6:25P, or 6:30-7:00P Sa 9:00-9:30A, 9:35-10:05A, 10:10-10:40A or 10:45-11:15A

Date	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity			
8/28-10/14	3-17	8/24	\$65 /\$77 /\$97 /\$116**	452323*			
10/28-12/20	3-17	10/21	\$65 /\$77 /\$97 /\$116	452423*			
*No Class 9/4, 9/16, 11/20, 11/22 & 11/25							
** (							

Sections 01, 02, 03, 04, 09, 10, 11 & 12 have adjusted rates

# 🥗 YOUTH





## Station 4

#### Leisure Pool

Your child will begin the side glide and front crawl stroke, adding on to skills he or she learned in previous Stations.

#### Class Times:

M or W 4:45-5:15P, 5:20-5:50P, 5:55-6:25P, or 6:30-7:00P Sa 9:00-9:30A, 9:35-10:05A, 10:10-10:40A or 10:45-11:15A

		,		
Date	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
8/28-10/14	3-17	8/24	\$65 /\$77 /\$97 /\$116**	452324*
10/28-12/20	3-17	10/21	\$65 /\$77 /\$97 /\$116	452424*
*No Class 9/4, 9/	/16, 11/20, 11	/22 & 11/25		

\*\*Sections 01, 02, 03, 04, 09, 10, 11 & 12 have adjusted rates.

### Station 5/6

#### Leisure Pool

Your child will add on to the techniques acquired in previous Stations and begin learning proper freestyle stroke with rotary breathing and the back stroke.

#### Class Times:

M or W 4:45-5:15P, 5:20-5:50P, 5:55-6:25P, or 6:30-7:00P Sa 9:00-9:30A, 9:35-10:05A, 10:10-10:40A or 10:45-11:15A

Date	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity			
8/28-10/14	3-17	8/24	\$65 /\$77 /\$97 /\$116**	452325*			
10/28-12/20	3-17	10/21	\$65 /\$77 /\$97 /\$116	452425*			
*No Class 9/4, 9/16, 11/20, 11/22 & 11/25							
** Cartions 01 02 03 04 00 10 11 & 12 have adjusted rates							

\*\*Sections 01, 02, 03, 04, 09, 10, 11 & 12 have adjusted rates.

## **Stroke School**

#### Leisure Pool

Continue to build on your skills learned in previous Stations and learn advanced elements and stroke efficiency in all four stroke types. Stroke School meets twice a week and includes the skills taught in Stations 7 and 8 of the SwimAmerica program. A long pair of long swim



SwimAmerica program. A long pair of long swim fins with adjustable backs is recommended.

Class Times: M & W 6:00-6:45P or 7:00-7:45P

Date	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity		
8/28-10/11	3-17	8/24	\$122 /\$144 /\$169 /\$194	452326*		
10/30-12/20	3-17	10/21	\$131 /\$155 /\$180 /\$205	452426*		
*No Class 9/4, 11/20 & 11/22						

Swim Fit

#### **Competition Pool**

SwimFit is Station 9 and 10 of SwimAmerica and focuses on building the swimmer's strength and endurance in every stroke through drills, multiple laps, and on-deck coaching. SwimFit allows swimmers to get the feeling of being on a swim team without the competition.



#### Class Times: M & W 7:00-7:45P

Date	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity				
8/28-10/11	3-17	8/24	\$122 /\$144 /\$169 /\$194	452327*				
10/30-12/20	3-17	10/21	\$131 /\$155 /\$180 /\$205	452427*				
*No Class 9/4, 1	*No Class 9/4, 11/20 & 11/22							

### **Private Learn to Swim Classes**

Are you looking for comfort in the water, improved stroke technique and endurance, or a supplement to the Mason Swim Academy Learn to Swim program? We offer classes for all ages and levels. Work one-on-one with a Mason Swim Academy coach who will customize the class to suit your goals. While we cannot guarantee the



same coach for every class, there will always be a certified Mason Swim Academy coach available.

#### Class Times: T 5:30-6:00P, 6:05-6:35P, 6:40-7:10P or 7:15-7:45P Su 9:00-9:30A, 9:35-10:05A, 10:10-10:40A, 10:45-11:15A or 11:20-11:50A

Date	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity		
8/27-10/10	4 & up	8/24	\$150 /\$177 /\$202 /\$227	452319		
10/29-12/19	4 & up	10/21	\$150 /\$177 /\$202 /\$227	452419*		
*No Class 11/19, 11/21 & 11/22						

## Pages 'N Paws

#### Senior Lounge

Pages 'N Paws help children improve their literacy skills as they read aloud to registered therapy dogs.



skills as they read aloud to registered therapy dogs. These special animals volunteer with their owners to offer an effective and fun setting. All dogs have been trained and tested for health, safety, and skills. Please bring your own reading materials to class.

Day	Date	Time	Age	Deadline	Fee	Activity
Tu	9/5-9/26	5:30-6:15P	5-18	8/29	Free	463700-01
Tu	10/3-10/24	5:30-6:15P	5-18	9/26	Free	463700-02
Tu	11/7-11/21	5:30-6:15P	5-18	10/31	Free	463700-02

#### Junior Tech Academy-Minecraft Modding Meeting Rooms



# Use your programming skills to mod Minecraft using the ScriptCraft plugin. This class teaches the basics of JavaScript programming within the Minecraft environment. Take your mods home using your flash drive and impress your friends!

Day	Date	Time	Grade	Deadline	Fee (PRE/BAS/MR/NR)	Activity
W	9/6-10/18	6:30-7:30P	2-8	8/30	\$155/\$183/\$208/\$233	463801-01

## Junior Tech Academy-Minecraft Mania



Meeting Rooms

Build a Minecraft Mask and improve your RedStone circuit skills in Minecraft Mania. You'll also learn how to use NBT tags and World Edit.

Day	Date	Time	Grade	Deadline	Fee (PRE/BAS/MR/NR)	Activity
W	10/25-12/13	6:30-7:30P	2-8	10/18	\$155/\$183/\$208/\$233	463801-02*
*No C	ass 11/22					

## Sassy Sixes and Sevens Gymnastics

#### Multipurpose Room

Students will work on gymnastics drills, conditioning, and routines similar to those introduced in the Beginners and Advanced Beginners classes. He or she will continue to improve on basic gymnastic skills, flexibility, and strength.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
М	8/28-10/16	5:00-6:00P	6-7	8/22	\$65 /\$77/\$97 /\$116	432472-01*
Tu	8/22-10/10	4:30-5:30P	6-7	8/21	\$74/\$88/\$110/\$132	432472-02
F	8/25-10/13	4:45-5:45P	6-7	8/22	\$74/\$88/\$110/\$132	432472-03
Sa	8/26-10/14	12:15-1:15P	6-7	8/22	\$65 /\$77/\$97 /\$116	432472-04*
Μ	10/23-12/11	5:00-6:00P	6-7	10/16	\$74/\$88/\$110/\$132	432472-05
Tu	10/17-12/12	4:30-5:30P	6-7	10/10	\$74/\$88/\$110/\$132	432472-06*
F	10/20-12/15	4:45-5:45P	6-7	10/13	\$74/\$88/\$110/\$132	432472-07*
Sa	10/21-12/16	12:15-1:15P	6-7	10/14	\$74/\$88/\$110/\$132	432472-08*
*No C	ass 9/4, 9/16, 1	0/31, 11/24 &	11/25			



#### Parents' Night Out Premier Member Perk!

Premier Member Perk! Kids' Korner



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YOUTH

Enjoy a night out on the town while your children engage in a night full of fun at Mason Community Center. The evening will consist of themed programming and a pizza party sponsored by West Shore Pizza of Mason. We ask that you please pack a snack and drink for each event.

Children ages 6 and up will enjoy swim time while children under 6 will participate in preschool-themed activities on scheduled swim days. Please pack a swim suit and towel if your child will be swimming.

Parents' Night Out is available to Premier members only. Please stop at the Member Services Desk to upgrade your membership if you would like to take part in this program and the many other benefits of Premier membership. We ask that each family sign up for only one Parents' Night Out per month.



## **Early Bird Special**

Online registration for Parents' Night Out starts at 7:45 a.m. on Friday, August 18. Phone registration starts at 8 a.m.

Day	Date	Time	Age	Deadline	Fee	Activity					
F	9/8	6:00-9:00P	3-12	9/1	Free	433806-01					
		off football season njoy swim time.	and wea	r your favorit	e football je	ersey. Participants 6					
F	9/15	6:00-9:00P	3-12	9/8	Free	433806-02					
Super	Superheroes: Come dressed as your favorite superhero for a night of fun!										
F	9/22	6:00-9:00P	3-12	9/15	Free	433806-03					
	<b>ight:</b> Wear you swim time.	r favorite hat to Kic	ls' Korner	tonight. Part	icipants 6 y	ears and older will					
F	9/29	6:00-9:00P	3-12	9/22	Free	433806-04					
Ice Ho	ockey: Dress in I	nockey apparel to o	elebrate	your favorite	team.						
F	10/6	6:00-9:00P	3-12	9/29	Free	433806-05					
<b>Charli</b> birthd	<b>ie Brown's Birt</b> ay. Participants	thday: Watch the F 6 years and older	Peanuts n will enjoy	novie with us swim time.	and celebra	ate Charlie Brown's					
F	10/13	6:00-9:00P	3-12	10/6	Free	433806-06					
Bingo	: Bring your lu	ck with you tonigh	t for a gai	ne of Bingo.							
F	10/20	6:00-9:00P	3-12	10/13	Free	433806-07					
Schoo 6 years	I Spirit: Dress i s and older will	n your school color enjoy swim time.	's and spi	rit gear to sup	port your s	chool. Participants					
F	10/27	6:00-9:00P	3-12	10/20	Free	433806-08					
		Dress in your Hallo d a night of fun!	ween cos	tume for a co	stume para	de through the					
F	11/3	6:00-9:00P	3-12	10/27	Free	433806-09					
	<b>arvest:</b> Join us swim time.	for a fun filled nigl	nt of Fall a	activities. Part	ticipants 6 y	ears and older will					
F	11/10	6:00-9:00P	3-12	11/3	Free	433806-10					
Inside	• Out: Wear you	ır clothes inside ou	t for a wa	cky evening o	of fun!						
F	11/17	6:00-9:00P	3-12	11/10	Free	433806-11					
	Gobble Gobble!: Make a turkey craft that will gobble its way home. Participants 6 years and older will enjoy swim time.										

## YOUTH

## **Beginners Gymnastics**

#### Multipurpose Room

Introduce your child to the world of gymnastics. Students will learn basic gymnastics skills on the floor, uneven bars, balance beam, and vault. Your child will then learn to put the skills together to form a routine. Conditioning and flexibility are also introduced at this level.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity		
М	8/28-10/16	6:00-7:00P	8-17	8/21	\$65 /\$77/\$97 /\$116	432487-01*		
Tu	8/22-10/10	5:30-6:30P	8-17	8/21	\$74/\$88/\$110/\$132	432487-02		
Th	8/24-10/12	6:30-7:30P	8-17	8/22	\$74/\$88/\$110/\$132	432487-03		
М	10/23-12/11	6:00-7:00P	8-17	10/10	\$74/\$88/\$110/\$132	432487-04		
Tu	10/17-12/12	5:30-6:30P	8-17	10/12	\$74/\$88/\$110/\$132	432487-05*		
Th	10/19-12/14	6:30-7:30P	8-17	10/16	\$74/\$88/\$110/\$132	432487-06*		
*No Class 9/4, 10/31 & 11/23								



**INVITATION ONLY CLASSES** 

Please note: Invitation to the following classes is at the gymnastic coach's discretion.

#### **Advanced Sassy Six Sevens Multipurpose Room**

Younger students who are ready for more advanced gymnastics skills may be invited by their instructor to practice in this class. He or she will work on more advanced routines on the vault, uneven bars, balance beam, and floor. This class meets from 6:30 to 7:30 p.m. on Tuesdays and from 5:30 to 6:30 p.m. on Thursdays.

Day Date	1	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu,Th 8/22-		Tu 6:30-7:30P Th 5:30-6:30P	6-7	8/21	\$142 /\$168 /\$193 /\$218	432468-01
Tu,Th 10/17		Tu 6:30-7:30P Th  5:30-6:30P	6-7	10/10	\$142 /\$168 /\$193 /\$218	432468-02*
*No Class 10	/31 & 11/2	73				

No Class 10/31 & 11/23

## **Advanced Beginners**

#### Multipurpose Room

Students in this class must have some gymnastics experience and have mastered the basic Beginner skills. This class will provide a greater challenge to students on the floor, uneven bars, balance beam, and vault.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
M,W	8/28-10/16	6:30-7:30P	8 & up	8/22	\$142 /\$168 /\$193 /\$218	432482-01
M,W	10/18-12/13	6:30-7:30P	8 & up	10/11	\$142 /\$168 /\$193 /\$218	432482-02*
*No C	lass 11/22					

## **Future Stars Tennis**

#### Heritage Oak Park

Future Stars are tennis players just beginning to play from the baseline and will follow the "games" approach to learning tennis.



In case of inclement weather, lessons will be held in the Field House at Mason Community Center.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity		
Tu	8/29-9/26	7:00-8:00P	6-8	8/22	\$55 /\$65 /\$82 /\$98	332216-15		
Th	8/31-9/28	6:00-7:00P	6-8	8/24	\$55 /\$65 /\$82 /\$98	332216-16		
Sa	9/2-9/30	11:00A-12:00P	6-8	8/26	\$44 /\$52 /\$65 /\$78	332216-17*		
*No C	*No Class 9/16							

## **Junior Champs Tennis**

#### Heritage Oak Park

Is your tennis champ a beginner or graduate from Future Stars? Tennis participants in this class are comfortable serving and playing from the baseline and will learn rallying and strategy skills.

In case of inclement weather, lessons will be held in the Field House at Mason Community Center.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Th	8/31-9/28	7:00-8:00P	7-13	8/24	\$55 /\$65 /\$82 /\$98	332217-10
Sa	9/2-9/30	12:00-1:00P	7-13	8/26	\$44 /\$52 /\$65 /\$78	332217-11*
*No C	lass 9/16					



## **Fall Hours**

beginning Tuesday, September 5

Monday – Friday: 7 a.m. – 6 p.m. Saturday: 9 a.m. – 2 p.m. Sunday: 11 a.m. - 4 p.m.

### **Featuring:**







Mondays

Wednesdays

Thursdays



## **,**,



## Carson Foster Makes World Junior Swim Team

he City of Mason's swim team, Mason Manta Rays, sent six swimmers to compete at the Phillips 66 National Championships/World Championship Trials in Indianapolis on Tuesday, June 27, at the Indiana University Natatorium on the campus of IUPUI. Of the six swimmers, four swimmers are in high school and two are in college.

The Manta Rays competitors consisted of:

- Ashley Volpenhein, 18, 50 & 100 Freestyle
- Hannah Foster, 17, 100 & 200 Freestyle, 200 Individual Medley
- Jake Foster, 16, 100 & 200 Breaststroke, 200 & 400 Individual Medley
- Carson Foster, 15, 100
   & 200 Backstroke, 100
- Individual Medley • Zoe Thatcher, 20, Auburn University, 400

Freestyle, 200 & 400

& 1500 Freestyle, 200 & 400 Individual Medley

• Cooper Hodge, 19, Wisconsin University, 200 Breaststroke, 200 Individual Medley

These six athletes are among the top 0.5 percent of swimmers from across the country to qualify for the Phillips 66 National Championships. This meet served as the qualifier for the U.S. team in the pool competition at the 2017 FINA World Junior Championships, which runs August 23–28 in Indianapolis. The first and second fastest 18 & younger swimmer in each Olympic event will claim an automatic spot on the roster. Outside of the Olympic Games and the FINA World Championships, the FINA World Junior Championships are the sport's largest international competition.

The Manta Rays had an amazing meet highlighted by Carson Foster making USA Swimming's World Junior Team in the 200 meter backstroke. His time of 2:00.33 was not only an Ohio state record, but was also the second fastest time in the country for all 18 & younger swimmers.

"It's a dream come true and an honor to be selected for a meet of this caliber, and I couldn't be more excited to represent the United States at the Junior World Championships," said Carson Foster.



Mason Manta Rays 15-16 year old boys set the City's FIRST National Age Group record! They swam faster than any other 15-16 year old boy relay in the history of USA Swimming.

#### **FITNESS & WELLNESS**

#### Teen GRIT Studio A



Enhance your sports performance by enrolling in

Teen GRIT! Geared towards youth athletes, this workout will tone and raise each participant's fitness level. High intensity interval training (HIIT) will take you into overdrive to go hard, push harder, and get fit super-fast! These short, sharp, demanding workouts combine body weightlifting, running, and plyometrics for a full body workout that increases aerobic capacity, strength, muscular endurance, metabolism, and power.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
W	9/6-9/27	3:45-4:30P	10-14	8/30	\$0 /\$2 /\$20 /\$20	461802-01

## **Teen TRX**

#### TRX

TRX<sup>®</sup> is a revolutionary method of suspension training using body weight exercise to develop strength, balance, flexibility and core stability simultaneously. Are you getting ready for a sport, in the off-season, or just trying to stay in shape? Hang in there and get a focused strength, endurance, and agility workout in a circuit style format using the TRX Suspension Training System.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
М	10/2-10/23	3:30-4:15P	10-14	9/25	\$0 /\$2 /\$20 /\$20	461801-01

## Advanced Beginner/Intermediate Tennis

#### Heritage Oak Park

Can you play from the baseline, rally five balls in a row, and begin to play sets? This tennis program is for you. Build on your skills and learn tennis strategy with this class.

In case of inclement weather, lessons will be held in the Field House at Mason Community Center.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Sa	9/2-9/30	12:00-1:00P	10-18	8/26	\$44 /\$52 /\$65 /\$78	332218-06*

## 🕗 TEEN

#### ENRICHMENT

## Practice ACT/SAT

Senior Center

COLLEGE tutors

Join us for a free practice SAT or

ACT test presented in partnership with College Tutors. Parents and students are offered a complimentary family meeting to discuss the results of the test.

Sa 9/2 8:	:00A-12:00P	14-18	8/26	Free	431602-01



## **Note Taking Skills**

#### **Meeting Room**

Learning how to take good notes can be frustrating. College Tutors presents a seminar on how to develop effective, efficient note-taking skills, whether you are in class and pressed for time or studying at home with no time constraints. Parents and students are both welcome.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu	9/5	7:00-8:00P	11-18	8/29	Free	431602-02

## **Skills for Setting Effective Goals**

#### **Meeting Room**

College Tutors presents a seminar on setting effective academic goals and sticking to them. We will address setting ambitious yet achievable goals, choosing measurable benchmarks, and planning for success. Parents and students are both welcome.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu	10/10	7:00-8:00P	11-18	10/3	Free	431602-03

#### Time Management Skills Meeting Room

Having trouble finishing tasks or completing assignments on time? College Tutors presents a seminar on time management and organizational skills, in which we show how to prioritize tasks and estimate completion times to get more done. Parents and students are welcome.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu	11/28	7:00-8:00P	11-18	11/21	Free	431602-04

## ADULT

#### AQUATICS

## Adult Group Learn to Swim Class



Leisure Pool

Beginner adults with little or no experience in the water will work on various skills and techniques to achieve the goal of water acclimation. Intermediate adults who have mastered submerging and floating will work on backstroke and freestyle readiness. Swimmers whose skills exceed the intermediate level should contact our Aquatics team for additional class options.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Beginn	er					
М	8/28-10/9	7:05-7:35P	15 & up	8/24	\$56 /\$66 /\$83 /\$99	452334*
М	10/30-12/18	7:05-7:35P	15 & up	10/21	\$65 /\$77 /\$97 /\$116	452434*
Interm	ediate					
М	8/28-10/9	7:05-7:35P	15 & up	8/24	\$56 /\$66 /\$83 /\$99	452334*
М	10/30-12/18	7:05-7:35P	15 & up	10/21	\$65 /\$77 /\$97 /\$116	452434*
*No Clas	is 9/4 & 11/20					



#### Bodies in Balance: Water Leisure Pool

Join us to use to start your aquatic exercise program. You'll use the high resistance and low impact properties of water to increase overall muscle strength, endurance, balance, and flexibility. This water fitness program is ideal for those with arthritis, Parkinson's, fibromyalgia, discharged or phase 3 pulmonary rehab, or other joint complications. Led by a certified athletic trainer, Bodies in Balance: Water utilizes more rehab-based exercises compared to a traditional Water Fit class. There will be no make-up classes or rescheduling for any absences.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
M,W	9/6-9/27	9:10-9:55A	18 & up	8/30	\$56 /\$66 /\$83 /\$99	461604-01
M,W	10/9-11/1	9:10-9:55A	18 & up	10/2	\$64 /\$76 /\$95 /\$114	461604-02
M,W	11/6-11/29	9:10-9:55A	18 & up	10/30	\$64 /\$76 /\$95 /\$114	461604-03
М	10/30-12/18	7:05-7:35P	15 & up	10/21	\$65 /\$77 /\$97 /\$116	452434*



## **GRIT Power Hour 22 Launch** Saturday, November 4 • 9:30 a.m.

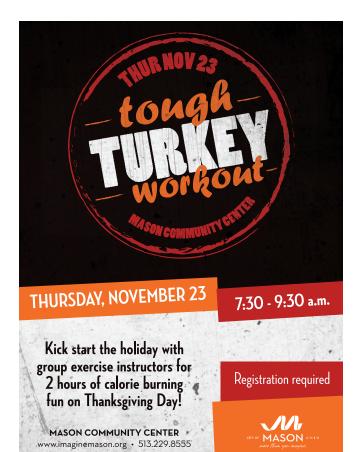




SH'BAM 29 Launch Saturday, November 18 • 10:30 a.m.



**MASON COMMUNITY CENTER** • 6050 Mason-Montgomery Road • Mason, Ohio 45040 www.imaginemason.org • 513.229.8555





# ADULTS

#### ENRICHMENT

#### **CPR/AED Classes** Fire Station 51 Community Room

As part of our effort to make the community a safer place to live and work, the City of Mason Fire Department is offering a series of CPR classes in 2015. CPR training is free for Premier members and Mason residents, and a small fee for nonresidents (discounts available for nonresidents who are Basic members



(discounts available for nonresidents who are Basic members of Mason Community Center).

All CPR instructors are Mason Firefighter/Paramedics and Community Emergency Response Team (CERT) members. During the sessions, participants will learn adult and child CPR as well as the proper operation of an automated external defibrillator (AED). After the four-hour class, participants will receive a certification from the American Heart Association.

Classes will be held in the community room at Fire Station 51, 4420 Mason-Montgomery Road. Please register through Mason Community Center.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
М	9/11	9:00A-1:00P	18 & up	9/4	\$0 /\$7 /\$0 /\$10	421620-01
М	11/6	9:00A-1:00P	18 & up	10/30	\$0 /\$7 /\$0 /\$10	421620-02

#### **FITNESS & WELLNESS**

#### Fitness Assessments Fitness Center

Take the first step toward better health today! To help you track your results and see how your hard work is paying off, we offer fitness assessments with our certified staff. Assessments include: heart rate, blood pressure, body composition, muscular strength, muscular endurance, cardiorespiratory fitness, and flexibility. Assessments are recommended every three to six months or at the start of an exercise routine. A full assessment takes approximately one hour. Please wear gym shoes and comfortable clothing. Please complete the Fitness Center Appointment Request Form at Mason Community Center or online at www.imaginemason.org to get started.

Day	Age	Fee (PRE/BAS)	
Varies	15 & up	\$0* /\$30**	
*Up to 4 fr	ee assessments p	er year.	

\*\*Rate will be discounted from a personal training package purchased following your assessment.

## Tai Chi

The style of Tai Chi Chuan emphasizes soft and slow movements that enhance lower body strength and improve circulation, balance, and stability. Beginners will meet in the Meeting Room and Activity Room A. Advanced participants will meet in Studio A.



Day	Date	Time	Age	Fee
Th	9/7-11/30*	12:00-1:00P	18 & up	Free to members
Meeting Rooms				
Th	9/7-11/30*	1:00-3:00P	18 & up	Free to members
Studio A				
*No Class 11/23				



#### **Cycle 101** Studio C (2nd floor)

Starter Cycle is for the first-time cyclist. The class begins with tips on footwear, proper bike setup, and water intake. You'll then be guided through all the various climbs, jumps, and cadence speeds that are featured in our regular drop-in group exercise classes to ensure you build your strength and endurance for a safe and effective workout.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Sa	10/14	9:30-10:15A	12 & up	10/3	\$0 /\$2 /\$20 /\$20	721300-05

#### **TRX 101** Fitness Floor

New to TRX? This introductory class will prepare you for our regularly scheduled TRX classes. The instructor will help you focus on correct form, safety, and strength training that challenges your



major muscle groups. This program will also feature cardio, flexibility, and balance elements that you will experience in the drop-in group exercise TRX classes. Registration is required.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Sa	10/14	8:30-9:15A	12 & up	10/3	\$0 /\$2 /\$20 /\$20	721301-05

## Clinical Exercise Program

#### **Fitness Center**

Mason Community Center, in partnership with TriHealth, offers a medically based exercise program designed by a certified athletic trainer. Clinical Exercise is aimed towards those who are injured or unable to perform due to a past injury. Your certified athletic trainer will design a personalized exercise program to ensure your safe return to regular exercise and activity.

Please contact the Wellness Supervisor for more information at 513.229.8555.

#### Introductory Clinical Exercise Sessions

Three 30-Minute Introductory Sessions\$76Three 1-Hour Introductory Sessions\$106

	PRE	BAS	MR	NR
One 30-Minute Session	\$40	\$48	\$60	\$72
Four 30-Minute Sessions	\$144	\$170	\$195	\$220
Eight 30-Minute Sessions	\$216	\$255	\$280	\$305
One 1-Hour Session	\$60	\$71	\$89	\$107
Four 1-Hour Sessions	\$216	\$255	\$280	\$305
Eight 1-Hour Sessions	\$422	\$497	\$522	\$547

www.imaginemason.org



Sept 27, 2017 7 - 9:00 p.m.

# Self Defense

Learn about fear vs panic and hands-on self-defense instruction

Oct 7, 2017 9 - 11:00 a.m.

Mason Community Center 6050 Mason-Montgomery Rd. Mason, OH 45040

## DON'T FORGET TO S T R E T C H THIS WINTER

Stretching your lower body–calves, hamstrings, quadriceps and hip flexors–can help you gain distance. As muscles tighten up and shorten with less golfing during the colder months, you may be turning less with your hips and shoulders in the next golf season. When golfers start losing distance, an initial reaction is to run the range and change your swing, but it may be a result of tight muscles. Take a few minutes each day this winter to stretch and continue this routine into the spring and summer golf season.



THE GOLF CENTER 6042 Fairway Drive | Mason, Ohio 45040 513.573.3302 | www.thegolfcenter.com

## 



## **Personal Training**

#### **Fitness Center**

Looking for the best workouts to achieve your goals, need a coach to keep you motivated, or need to change up your routine of exercises? The certified personal trainers at Mason Community Center offer a variety of training packages to cater to individual needs, no matter what the goal. Stop by the Member Services Desk for more information or call 513.229.8555 to get started!

#### **Punch Passes for Multiple Visits**

When you purchase a Personal Training package, your visits will be tracked through a punch pass system. Your visits will be linked to your membership card so you can find out how many sessions remain on your pass by stopping at the Member Services Desk.

Bring your membership card to the fitness desk when you come for your personal training appointment. Your trainer will scan your card at the beginning of each training session. You can renew your punch pass at Mason Community Center or by calling 513.229.8555

	Premier	Basic	Non-Member
30-Minute Personal Training Package			
Individual			
One 30-Minute Session:	\$35	\$42	\$63
Six 30-Minute Sessions:	\$189	\$223	\$273
Twelve 30-Minute Sessions:	\$370	\$436	\$486
Partner (train with a friend)			
One 30-Minute Session:	\$26 each	\$31 each	\$47 each
Six 30-Minute Sessions:	\$140 each	\$165 each	\$215 each
Twelve 30-Minute Sessions:	\$275 each	\$324 each	\$374 each
45-Minute Personal Training Package	Premier	Basic	Non-Member
Individual			
One 45-Minute Session:	\$45	\$53	\$80
C. (C. 1)			
Six 45-Minute Sessions:	\$243	\$286	\$336
Six 45-Minute Sessions: Twelve 45-Minute Sessions:	\$243 \$475	\$286 \$559	\$336 \$609
Six is minute sessions.			
Twelve 45-Minute Sessions:			
Twelve 45-Minute Sessions: Partner (train with a friend)	\$475	\$559	\$609 \$60 each
Twelve 45-Minute Sessions: Partner (train with a friend) One 45-Minute Session:	\$475 \$34 each	\$559 \$40 each	\$609 \$60 each

# Introductory Training Specials for Members

These are available to all members new to personal training for a one-time purchase. You can choose either package but won't have the option to take advantage of both.

Basi

Non-Memb

Three 30-Minute Introductory Sessions\$66Three 1-Hour Introductory Sessions\$99

1-Hour Personal Training Packages			
Individual			
One 1-Hour Session:	\$55	\$65	\$98
Six 1-Hour Sessions:	\$297	\$350	\$400
Twelve 1-Hour Sessions:	\$580	\$683	\$733
Partner (train with a friend)			
One 1-Hour Session:	\$41 each	\$49 each	\$74 each
Six 1-Hour Sessions:	\$221 each	\$260 each	\$310 each
Twelve 1-Hour Sessions:	\$433 each	\$510 each	\$560 each
Small Group Training			
30-Minutes			
3 Participants	\$18 each	\$22 each	\$33 each
4 Participants	\$14 each	\$17 each	\$26 each
Six 30-Minutes			
3 Participants	\$97 each	\$115 each	\$165 each
4 Participants	\$76 each	\$90 each	\$135 each
Twelve 30-Minutes			
3 Participants	\$190 each	\$224 each	\$274 each
4 Participants	\$148 each	\$175 each	\$225 each
1-Hour			
3 Participants	\$35 each	\$42 each	\$63 each
4 Participants	\$25 each	\$30 each	\$45 each
Six 1-Hour Sessions			
3 Participants	\$189 each	\$223 each	\$273 each
4 Participants	\$135 each	\$159 each	\$209 each
Twelve 1-Hour Sessions			
3 Participants	\$370 each	\$436 each	\$486 each
4 Participants	\$264 each	\$311 each	\$361 each

#### **Members Only**

#### **Seasonal Adult Table Tennis** Field House Court 3

Enjoy playing table tennis with your fellow members. Register once and you will be eligible for free play during designated times as long as

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Su	9/3-10/29	2:00-5:00P	18 & up	Free	722203-03	722203-03

#### **Adult Beginner Tennis** Heritage Oak Park

your membership remains active.



Want to learn how to play tennis? This class focuses on basic stroke work, rallying skills, and learning how to play sets.

In case of inclement weather, lessons will be held in the Field House at Mason Community Center.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu	8/29-9/26	8:00-9:00P	16 & up	8/22	\$55 /\$65 /\$82 /\$98	322207-09

## Adult Advanced Beginner/Intermediate Tennis

#### Heritage Oak Park

Improve your tennis skills and challenge yourself with this class focusing doubles skills and strategies.

In case of inclement weather, lessons will be held in the Field House at Mason Community Center.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Th	8/31-9/28	8:00-9:00P	16 & up	8/24	\$55 /\$65 /\$82 /\$98	322208-06

#### **Members Only**

## **Adult Badminton**

#### Field House Court 1

Come in to play badminton with our members during these designated drop-in badminton times.

Day	Date	Time	Age	Fee	Activity	
Tu,Th,Sa	9/6-12/30	varies*	18 & up	Free	722201-07**	
*Tu,Th: 7 to	o 9P and Sa: 8	to 10:30A				
**No Class	11/23.					

#### Members Only

## **Adult Basketball**

#### Gymnasium A

Come in to play basketball with our members during these designated drop-in basketball times. A Mason Community Center staff member will be present on the courts to verify that all participants are registered and following the posted rules.

Day	Date	Time	Age	Fee	Activity	
M,W,Sa	9/6-12/30	varies*	18 & up	Free	722200-07**	
*M,W: 5 to	*M,W: 5 to 7P and Sa: 10A to 12P					
**No Class	9/4, 9/16.					



Valid through November 30, 2017

# **SENIOR**

#### ENRICHMENT

## **Medicare Open Enrollment**

Senior Lounge

Learn about the recent changes in Medicare, how the Medicare Annual Election Period can work for you, and how to enroll for 2018 coverage in a Part D Medicare Drug Plan.

Day	Date	Time	Age	Deadline	Fee	Activity
Th	9/28	1:15-2:15P	55 & up	9/21	Free	441517-01

## **Picasso Painters**

#### Activity Room A



Try your hand at painting with Charlene Reinard. No experience is required—people with various levels of skill will learn from each other. Bring your own supplies. This free class is limited to 15 people and is on a first come, first served basis.

Day	Time	Age
Tu	9:30-11:00A	55 & up

#### **Knitting, Sewing and Crocheting Senior Center**

Bring your own materials and enjoy the fellowship of others who share a similar interest.

Day	Date	Time	Fee
W	9/6-11/29	10:00A-12:00P	Free

## SENIOR

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### **Senior Center Library**

Enjoy a variety of books by your favorite authors. You can read while you're in the Senior Lounge or take it home with you please return it when you're finished.

#### **FITNESS & WELLNESS**

## Parkinson's Exercise

#### Senior Center

Mason's Parkinson's Support Group offers you education, exercise therapy, and support that have proven beneficial in helping cope with this disease. On the third Thursday of each month, there is a pot luck dinner at 6 p.m. followed by a speaker at 6:30 p.m.

Day	Date	Time	Age	Fee		
Th	9/7-11/16	5:00P	18 & up	Free to members*		
*\$1 for non-members.						

## **Senior Fitness Assessments**

#### **Meeting Rooms**

A team of certified personal trainers will use age-specific assessment tests that monitor the functional fitness performance of older adults. By taking the Senior Fitness Assessment, you will find out how you compare to others of the same age and gender. You will receive personalized feedback to help relate results of your assessment to the types of daily tasks and activities you want to continue to do or want to do better.

Free to Senior Premier and Silver Sneaker members.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu	10/10	10:00-10:30A	60 & up	10/3	\$0/\$10/\$13/\$15	461606-01
Tu	10/10	10:15-10:45A	60 & up	10/3	\$0/\$10/\$13/\$15	461606-02
Tu	10/10	10:30-11:00A	60 & up	10/3	\$0 /\$10 /\$13 /\$15	461606-03
Tu	10/10	10:45-11:15A	60 & up	10/3	\$0 /\$10 /\$13 /\$15	461606-04
Tu	10/10	11:00-11:30A	60 & up	10/3	\$0 /\$10 /\$13 /\$15	461606-05
Tu	10/10	11:15-11:45A	60 & up	10/3	\$0 /\$10 /\$13 /\$15	461606-06
Tu	10/10	11:30A-12:00P	60 & up	10/3	\$0 /\$10 /\$13 /\$15	461606-07
Tu	10/10	11:45A-12:15P	60 & up	10/3	\$0 /\$10 /\$13 /\$15	461606-08

#### Senior Fitness Training Fitness Center

Stay strong with a senior workout program that is perfect for all fitness levels. Join us in a circuit program designed and run each week by a certified personal trainer and utilizes TRX straps, BOSU, stability balls, dumbbells, medicine balls, and more. Circuit training is a great way to get maximum results in minimal time and provides full body fitness, toning, and strength.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
Tu,Th	9/5-9/28	8:45-9:30A	55 & up	8/29	\$55 /\$65 /\$82 /\$98	461603-01
Tu,Th	10/3-10/26	8:45-9:30A	55 & up	9/26	\$55 /\$65 /\$82 /\$98	461603-02
Tu,Th	10/31-11/2	1 8:45-9:30A	55 & up	10/24	\$48 /\$57 /\$72 /\$86	461603-03

#### SPECIAL EVENTS

## Pot Luck Luncheon

#### Senior Center

Join us this fall for our popular lunches. Main entrees are provided by our generous sponsors—Barrington of West Chester, Chesterwood, Mason Christian Village, Mason Health Care, and other visiting organizations. Each individual attending must bring a



side dish to serve 8-10 people. Reservations are required and can be made by calling Mason Community Center's Senior Center at 513.229.8555.

Day	Date	Time	Age	Fee	
Th	9/7-11/30*	12:00-1:00P	55 & up	\$1	
*No lunch on	10/12.11/16 & 11/23.				

## Thanksgiving Feast

#### Barrington of West Chester

Celebrate Thanksgiving with your Community Center friends. Join us at Barrington of West Chester, located at 7222 Heritage Spring Drive, in lieu of the Pot Luck Luncheon. Barrington of West Chester will provide the main dish and we ask you to provide a side dish to share. Please bring a side dish that will serve 6–8 people. Registration is required and will be on a first come, first serve basis.

Day	Date	Time	Age	Deadline	Fee	Activity
Th	11/16	12:00-1:00P	55 & up	11/9	Free	425201-01

## Cards, Games & More!

Do you enjoy playing cards and getting together with friends? Come join one of the Senior Center's many card and game groups including Hand & Foot Canasta, Pinochle, Euchre, Party Bridge, Mah Jongg, and Dominoes. Duplicate Bridge requires a reservation. Call the Senior Center at 513.229.8555 for days and times or additional information.

#### Movie Days Senior Center

Come and enjoy a movie in the Senior Center on the third Friday of every month. Free popcorn and drinks are provided by Brookdale at Long Cove Pointe. Movies will be announced prior to the showing date.



Day	Date	Time	Age	Fee	
F	9/15	2:00P	55 & up	Free	
F	10/20	2:00P	55 & up	Free	
F	11/17	2:00P	55 & up	Free	

New!

#### Senior Members Meet and Greet Senior Lounge

Are you a thinking of joining or a current member at Mason Community Center and don't know where to begin? You will learn about group exercise classes, swim classes, sports, and activities all geared for those in the 55+ age group. Light refreshments and treats will be served.

Day	Date	Time	Age	Deadline	Fee	Activity
W	9/27	9:30-10:30A	55 & up	9/20	Free	441611-01

# SENIOR 🥯



## Mason Historical Society Museum Holiday Tour

n Wednesday, June 21, members of the Mason Senior Center toured the Mason Historical Society Museum, known as one of Mason's best kept secrets. Seniors stepped back in time to visit the 1890 Victorian house filled with period furniture, artifacts, and information about the history of Mason; all donated by generous Mason residents. Join us for the next tour of the Mason Historical Society when it will be

decorated for the holidays! Wednesday, November 29, seniors will meet at the Mason Historical Society, located in the heart of the historic district, at 9:45 a.m. The tour begins at 10:00 a.m. Those interested can join us for lunch at Two Cities Pizza Co., located on Main Street. Call Mason Community Center at 513.229.8555 for more information and to register today!

Lucy Boulton: "I enjoyed it and the volunteers did a great job. It took me back to some of my roots and made me more interested in learning about Mason genealogy. The doctors' section was amazing and my favorite."



Maxine Leforge: "It was a really, really great visit. I learned a lot about Mason including seeing original plots, interesting items from old buildings, high school yearbooks, and maps of the subdivisions throughout the years. The old music displays, bed spread on the wall, old mannequins, and dresses were excellent. I also enjoyed lunch with friends in the old firehouse."





## October 11 • 9 - 10:30 a.m.

Join us for a morning of BINGO while enjoying donuts, pasteries and coffee.

Registration Required. Ages 55 & up. MASON SENIOR CENTER

## DIGITAL PHOTOGRAPHY CLASSES



Learn the features of your digital camera, uploading pictures, adjusting color and contrast, layering, retouching, and more!

Class dates vary • 10 a.m. - 12 p.m. Registration required. Ages 18 & up.

# SENIOR

## Safari Lunch and Dinners

Let's go on a SAFARI! One Wednesday a month, members of the Senior Center will meet at a local restaurant. Reservations are required and can be made by calling Mason Senior Center.

		, ,							
Day	Date	Time	Age	Deadline	Fee	Activity			
W	9/13	6:00-8:00P	55 & up	9/6	*	444400-01			
Silver	Spring H	ouse Restauran	<b>t,</b> 8322 East	Kemper Roa	d, Montgomery, Ohio 452	49			
W	10/11	6:00-8:00P	55 & up	10/4	*	444400-02			
Ruby '	Fuesday,	5456 Kings Center	Drive, Maso	on, Ohio 4504	40				
W	11/8	1:00-3:00P	18 & up	11/1	×	444300-01			
The O	The Old Bag of Nails, 5234 Kings Mills Way, Mason, Ohio 45040								
*Partic	*Participants purchase their own food and drinks.								

## **Casino Motorcoach Day Trip**

Join us for a fun trip to the Belterra Park Racino located at River Downs Racetrack. Space is limited. Register online or by visiting or calling the Senior Center at 513.229.8555. Your bus ride, lunch buffet, and \$10 slot play are included.

Day	Date	Time	Age	Deadline	Fee (Member/Non-member)	Activity
Tu	10/17	10:00A-4:00P	55 & up	10/24	\$23 /\$26	449101-01

#### New!

## La Comedia Dinner Theater

Join us for a day trip to La Comedia Dinner Theater in Springboro on Tuesday, December 19 to see *Timeless Memories of Christmas*. We will depart from the Community Center at 10:30 a.m. and return after the buffet lunch and show. Fees include transportation, lunch, and show.

Day	Date Time	Age	Deadline	Fee (Member/Non-member)	Activity
Tu	12/19 10:30A-	4:00P 55 & up	10/27	\$60 /\$70	143109-01

## Drop-In Pickleball

#### Gym A&B

Pickleball provides the cardiovascular workout you're looking for. Pickleball is a combination of badminton, ping-pong, and tennis where two to four players utilize paddles to hit a ball back and forth over the net. Equipment can be checked out at the Member Service Desk.



Day	Time	Age						
W	12:30-2:30P	50 & up						
All Skills Levels								
Μ	12:30-2:30P	50 & up						
F	12:30-2:30P	50 & up						
Beginner/Interm	ediate							
Tu,Th	12:30-2:30P	50 & up						
Advanced/Highe	Advanced/Higher level Intermediate							

## Pickleball Group Lessons

#### ymnasium B

Are you new to pickleball or want a better understanding of the basics of pickleball? Join us to learn the basic rules and skills including serves, dinks, volleys, ground strokes, and footwork.

Day	Date	Time	Age	Deadline	Fee (PRE/BAS/MR/NR)	Activity
W	9/6-9/20	11:15A-12:15P	50 & up	8/30	\$15 /\$18 /\$23 /\$27	441309-01
W	10/4-10/18	11:15A-12:15P	50 & up	9/27	\$15 /\$18 /\$23 /\$27	441309-02
W	11/1-11/15	11:15A-12:15P	50 & up	10/25	\$15 /\$18 /\$23 /\$27	441309-03



# We have what it takes to help Mason live better

We're committed to improving the health of the communities we serve. That's why we work together with cities like Mason to bring programs and services to the communities that will truly make a difference in our patients' lives. We're proud to serve Mason with our physician-staffed walk-in Priority Care center, physician practices, physical therapy and our Live Well in Mason program.

#### **Together We Triumph**



#### Group Health—Primary Care and Specialists 6010 Mason-Montgomery Road 513 246 7000

Health First Physicians 7423 South Mason-Montgomery Road Suite B 513 398 3445

TriHealth Orthopedic & Sports Institute 7423 South Mason-Montgomery Road Suite A 513 246 2300

TriHealth Physical Therapy 6020 South Mason-Montgomery Road 513 204 6490

TriHealth Priority Care—Mason 8350 Arbor Square Drive 513 346 3888

Live Well in Mason Most events are held at the Mason Community Center 6050 Mason-Montgomery Road 513 229 8555

Call Ron! The Mason Expert for all your Real Estate needs! 513.703.4945

MASO

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Ron@RonGarland.com 513.703.4945 www.RonSellsMason.com

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